



**AMERICAN RED CROSS**

# **LIFEGUARD TRAINING COURSE**

*with Peggy Tuttle*

The Town of Southold is offering two American Red Cross Lifeguard Certification Classes as well as recertification courses this year. The courses provides entry level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illness until EMS personnel take over.

## **Class Dates:**

**March 28, 29, 31<sup>st</sup> 10 am – 5 pm**  
OR **April 25, May 1, May 2 10 am – 5pm**

POSITIONS MAY  
BE AVAILABLE  
WITH THE TOWN  
OF SOUTHOLD  
UPON  
COMPLETION OF  
THE COURSE

**Class Location: School of Fish, Rocky Pt**

**Fee: \$375\***

(PARTICIPANTS MUST BE 15+ YEARS OLD AND ABLE TO ATTEND ALL THREE DATES)

Check with potential employers for other age restrictions

Are you already certified, but just need *recertification*?

**LIFEGUARD RECERTIFICATION COURSES: 4/3, 5/9, 5/16, 6/6 10am**  
(CHOOSE ONE DAY)

**Waterfront LG/CPR \$190**

**Pool LG/CPR \$180**

*School of Fish, Rocky Pt.*

**CPR ONLY Recertification Course \$75: Tues, June 8<sup>th</sup> 4 pm**

*Recreation Center, Peconic*

**Southold Town Recreation Department (631)765-5182**

**[SoutholdRecreation@SoutholdTownNY.gov](mailto:SoutholdRecreation@SoutholdTownNY.gov)**

\* This is a discounted rate provided to participants that register through the Town of Southold



## Southold Town Recreation Department

SoutholdRecreation@SoutholdTownNY.gov

PO Box 267, Peconic, NY 11958

(631)765-5182

### AMERICAN RED CROSS LIFEGUARD, WATERFRONT, CPR & FIRST AID COURSE REGISTRATION

*Requirements: Applicants must be 15 years old by the start of their first class and able to swim a 550 using Front Crawl & Breast Stroke.*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
First Name Last Name Middle Initial Home

Mailing Address: \_\_\_\_\_  
(Street or PO Box) Cell

\_\_\_\_\_ Date of Birth: \_\_\_\_\_  
City State Zip Code Must be 15+ yrs old by start of class

Email Address: \_\_\_\_\_  
(Please print legibility)

Please Check	Dates (Participants MUST attend ALL dates listed) / Times	Cost*	Location
<input type="checkbox"/> Session A: March 28, 29 & 31 <sup>st</sup>	10am – 5pm	\$375	School of Fish, Rocky Pt
<input type="checkbox"/> Session B: April 25, May 1 & 2 <sup>nd</sup>	10am - 5pm	\$375	School of Fish, Rocky Pt
<input type="checkbox"/> Lifeguard Recertification ONLY Course ( <i>circle one</i> ): 4/3, 5/9, 5/16, 6/6			School of Fish, Rocky Pt
<input type="radio"/> Waterfront LG/CPR \$190		<input type="radio"/> Pool LG/CPR \$180	
<input type="checkbox"/> CPR Recert. ONLY Course: June 8 <sup>th</sup>	4pm	\$75	Recreation Center, Peconic
(No deposit required for CPR only, cash payment due at time of class)			

*New Certifications & Full Recertification courses will be held at School of Fish, 572 NY-25A Rocky Pt  
CPR Recert. ONLY will be held at Southold Recreation Center, Peconic NY*

**\$100.00 Check Deposit Required to Register. Balance due at first meeting.**  
**Please make checks payable to: "Margaret Tuttle"**

Do you wish to be considered for 2021 employment with Southold Town?  Yes  No

(Please note completion of the Lifeguarding course does **NOT** guarantee employment with Southold Town.  
You MUST also complete an Employment Application and be at least 16 years of age to be considered for possible employment)

**Please Return Application & Deposit to:**  
**Southold Town Recreation Department**  
**970 Peconic Lane, PO Box 267**  
**Peconic, NY 11958**

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