



Town of Southold

Recreation Programs & Activities

Fall 2018



ROCKETTES

RADIO CITY CHRISTMAS SPECTACULAR/DO AS YOU PLEASE BUS TRIP

There is no better place to be this holiday than at the Radio City Christmas Spectacular. It is a one-of-a-kind celebration for sharing with family, friends, and loved ones. The radiant Radio City Music Hall is decked out for the season and the Rockettes shine like never before in a breathtaking new number that transforms the stage into a glistening winter wonderland! Share the joy with Santa, the Nutcracker, and the unforgettable Living Nativity.

Additionally, we have allotted enough time for you to dine out, shop, see the sights, or do as you please prior to the 5:00 p.m. start of the show.

DATE: WEDNESDAY, DECEMBER 5
COST:
RESIDENTS: \$90/person (Bus, & Orchestra/1st mezzanine seats)
NON-RESIDENTS: \$100/person
DEPART: 11:00 a.m. from Southold Recreation Center
DROP OFF POINTS: 42nd Street & Sixth Avenue
46th Street & Sixth Avenue
Radio City Music Hall
SHOWTIME: 5:00 p.m.
RETURN: Bus leaves New York City at approximately 6:45 p.m. (Immediately after the show)

EARLY REGISTRATION IS STRONGLY RECOMMENDED!

REGISTRATION BEGINS AUGUST 9

See Back Page for Online Registration Instructions

JAM MAKING WITH PEACHES

with Barbara Terranova



Savor the lush deliciousness of just picked peaches any time of the year with homemade jam made by your own two hands. Jam making is fun, and easy to learn, and our instructor will cover all the basics so even a complete beginner can jump right in. This session will demonstrate how to use peaches, but the process can be used for any favorite fruit. Learn about the supplies, ingredients and equipment needed and brainstorm the best places and times of year to purchase your family's favorites. And, everyone will take home a jar of freshly made peach jam.

WEDNESDAY, AUGUST 22
7:00 P.M. - 9:30 P.M.

COST:
RESIDENTS: \$20/person
NON-RESIDENTS: \$25/person
MATERIALS FEE: \$3/person (Bring to class)
LOCATION: Southold Town Recreation Center



www.facebook.com/SoutholdTownRecreationDept

TAKE A HIKE...ON THE TRAILS OF THE NORTH FORK

(This is a partial list. Find a full list at southoldtownny.gov - Land Preservation Dept.)

MILL ROAD PRESERVE

The Mill Road Preserve is a 15 acre parcel with the trailhead located on Mill Road in Mattituck. The trail winds through 8 acres of grasslands and shrublands and then into 17 acres of mature woodlands.

LAUREL LAKE PRESERVE

Laurel Lake Preserve encompasses 495 acres of preserved land. The trailhead for the preserve is located on Route 25 in Laurel. The existing nature trail is 2.1 miles long, is marked with green arrows and wanders through mature woodlands, grasslands, shrublands, by vernal ponds, freshwater swamps and overlooks Laurel Lake.

DOWNS FARM PRESERVE

Downs Farm Preserve is a 51 acre wooded parcel that is the site of Fort Corchaug, a Native American fort, which is

listed on the National Register of Historic Places. Downs Farm Preserve has a mile of passive recreation trails and adjoins productive farmlands and the tidal wetlands of Downs Creek.

GOLDSMITH INLET PARK

Goldsmith Inlet Park is a 35 acre parcel with a 1/2 mile trail leading to Long Island Sound, from the trailhead, which is located on Soundview Avenue. The mature woodlands, tidal wetlands, Goldsmith Inlet Pond and 1500 feet on Long Island Sound are great for bird watching.

CEDAR BEACH COUNTY PARK

Cedar Beach County Park is a 68 acre park with over 2,800 feet on Shelter Island Sound.

ARSHAMOMAQUE POND PRESERVE

Arshamomaque Pond Preserve is a 54 acre wooded preserve with several trails that wind through the mature woodlands, by the vernal ponds and along the saltwater wetlands of Arshamomaque Pond.

DO AS YOU PLEASE BUS TRIP

A coach bus has been arranged to transport you to New York City. The day is yours to do as you please, whether it's seeing the holiday sights, dining out, shopping, or taking in a Broadway play. There will be five dropoff points and one pick up spot.

TUESDAY, DECEMBER 11

DEPART: 8:00 a.m.
Southold Town Recreation Center

COST:
RESIDENTS: \$30/person
NON-RESIDENTS: \$35/person
RETURN: Bus leaves NYC @ 6:00 p.m.

DROP OFF POINTS: 37th Street & Third Avenue
42nd Street & Fifth Avenue
46th Street & Sixth Avenue
Metropolitan Museum of Art
American Museum of Natural History

PICK UP POINT: NY Public Library (6:00 p.m.)
42nd Street & 5th Avenue

Beginners only - New Instructor

PICKLEBALL: AN INTRODUCTION

with Nick Cordone

If you haven't discovered the exciting and fun game of pickleball, this is your chance to check it out. It's one of the fastest growing sports in America - offering a great way to socialize, while reaping the many benefits of exercise. Although pickleball appears similar to tennis, it is played on a smaller court with a slower moving plastic ball. Those key differences make pickleball easier to play than tennis for a wide range of players, especially seniors. This program is designed for TRUE BEGINNERS or people looking to see what the sport has to offer. Paddles and balls will be provided. Although this class is geared toward seniors, adults ages 21 and older are welcome to participate.

This program is open to Southold Town residents only.

TUESDAYS & THURSDAYS, 5:00 P.M. - 7:00 P.M.
SESSION A: SEPTEMBER 18, 20, 25
SESSION B: OCTOBER 2, 4, 9

COST:
RESIDENTS: \$30/person
NON-RESIDENTS: Not available
LOCATION: Cochran Park, Peconic

Class size is limited, early registration is strongly recommended.

Bodies in Motion-Sports, Fitness & More

CLASSIC BODY SCULPTING/ AEROBICS

with Martha Eagle

Shape up to a stronger, healthier, leaner body! This thorough workout program implements the cross-training method by combining hand-held weights and effective fat-burning aerobic moves to tone and strengthen all muscle groups while increasing flexibility. Please bring an exercise mat and hand-held weights (2-5 lbs.) to class. All ages and exercise levels are welcome to join!

Participants must be 16 years of age and over.

SEPTEMBER 24 – DECEMBER 12
MONDAYS & WEDNESDAYS, 5:30 - 6:30 P.M.
No Class October 8, November 12, November 21

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Southold Town Recreation Center

PILATES, YOGA, AND POWER STRETCHING

with Martha Eagle

This thorough early morning workout program will be a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

Participants must be 16 years of age and older.

TUESDAYS & FRIDAYS, 7:45 - 8:45 A.M.
SEPTEMBER 28 – DECEMBER 14
No Class November 6 and November 23

COST:

RESIDENTS: \$55/person

NON-RESIDENTS: \$65/person

LOCATION: Southold Town Recreation Center

FRIDAYS ONLY, 9:00 - 9:45 A.M.
SEPTEMBER 28 - DECEMBER 14
No Class November 23

COST:

RESIDENTS: \$30/person

NON-RESIDENTS: \$35/person

LOCATION: Southold Town Recreation Center

TAI CHI, YANG STYLE FORM 24: A MARTIAL ARTS CLASS FOR ALL

with Dr. Marilyn Lo Presti, 2nd Degree Black Belt
North Fork Bodies In Motion

Tai Chi, Yang Style Form 24 is a healing martial art. The study and practice of Tai Chi as a martial art, utilizes the ancient Chinese philosophy of Yin and Yang. This class will help the participants develop techniques that promote the integration of mind, body, energy, and spirit. Practitioners of Tai Chi will learn how to use the Yang Style Form 24, for the purpose of developing internal and external strength, as well as overall stability, and balance.

SEPTEMBER 4 – OCTOBER 30
TUESDAYS, 10:15 A.M. – 11:15 A.M.
No Class September 25

COST:

RESIDENTS: \$45/person

NON-RESIDENTS: \$55/person

LOCATION: Southold Town Recreation Center

2nd Session Now Available! CHAIR YOGA – SEATED AND STANDING POSES ONLY

with Rosemary Martilotta

The primary aim of yoga is to restore the mind to simplicity and peace. Unlike other forms of exercise which strain muscles and bones, yoga gently rejuvenates the body. By restoring the body, yoga frees the mind from the negative feelings caused by the fast pace of modern life. The practice of yoga fills up the reservoirs of hope and optimism within you. It helps you overcome all obstacles on the path to perfect health and spiritual contentment. It is a rebirth.

MONDAYS, SEPTEMBER 10 – NOVEMBER 5
SESSION A: 9:50 A.M. – 10:50 A.M.
SESSION B: 11:00 A.M. – 12:00 P.M.
Class will not meet on October 8

COST:

RESIDENTS: \$40/person

NON-RESIDENTS: \$50/person

LOCATION: Peconic Lane Community Center
Auditorium

HATHA YOGA

with Rosemary Martilotta

Yoga is an ancient Eastern Indian system of balancing body, mind, and emotions. The goal of yoga is to have a peaceful, clear mind in a sound, healthy body. Hatha Yoga is the aspect of Yoga that approaches this goal through the physical side of the individual. The Yoga postures (asanas) work each part of the body to stretch and tone the muscles, increase fluidity in the joints, and promote flexibility of the entire skeletal system. By releasing physical and mental tension, energy is increased, health is maintained, and a sense of well-being is created. Please bring to class a yoga mat, a belt, 2 flat blankets, an empty stomach, and a smile.

MONDAYS, SEPTEMBER 10 – NOVEMBER 5
SESSION A: 7:30 - 8:30 A.M.
SESSION B: 8:40 - 9:40 A.M.
Class will not meet on October 8

COST:

RESIDENTS: \$45/person/session

NON-RESIDENTS: \$55/person/session

LOCATION: Peconic Lane Community Center
Auditorium

ADVANCED VOLLEYBALL - MATTITUCK

with Rebecca Jens

This program is for men and women aged 18 and older, structured for friendly, fun, and competitive skilled play. If you love the game of volleyball and are looking for a great workout, this is the program for you. Participants must possess knowledge of the game, athleticism and GOOD REACTION TIME.

Please note that this program requires an advanced skill level.

TUESDAYS, SEPTEMBER 18 – DECEMBER 11
8:00 P.M. – 9:30 P.M.
Program does not meet on November 20

COST:

RESIDENTS: \$45/person

NON-RESIDENTS: \$55/person

LOCATION: Mattituck High School

Cancellations may be required depending on
Mattituck High School's schedule.

CARDIO-STRENGTH CIRCUIT FOR FUN & FUNCTIONAL FITNESS

with Laurie Short

This 24 station circuit provides a variety of total body integrated strength, aerobic and core training exercises. It uses a wide variety of small equipment including medicine balls, scooter, tubing, steps, hoops, cones, agility rings and ladders, and stability balls. This program is accessible to all participants—you perform as many reps as YOU can do in 35 seconds, and then move to the next station. The class starts with a warm-up of 8 to 10 minutes followed by 10 minutes of strength exercises. The circuit lasts 35 minutes and the program concludes with 5 – 6 minutes of stretching.

Requirements: one pair of 5 – 7 lb dumbbells, a water bottle, towel and mat. Cross training shoes are preferred since running shoes do not provide stability for lateral movements...dress to sweat! A materials/equipment \$20 fee will be collected at the first class. Future participation in this program will require an additional \$20 only ONCE each year from your initial enrollment date.

SEPTEMBER 17 – DECEMBER 13
MONDAYS & THURSDAYS, 7:00 P.M. – 8:00 P.M.
No class October 8, November 12, November 22
The school may also require additional cancellations.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Greenport High School Cafeteria/
Gym

STRENGTH TRIFECTA-CORE PLUS AND FLEXIBILITY TRAINING

with Laurie Short

The Strength Trifecta combines strength training with core work and stretching/relaxation. There will be three sets of each of 9 basic strength exercises. The first set uses medium weight dumbbells, the second uses heavy weights and the third set is a "burnout" using light resistance. Between sets the workout will focus on the core or another muscle group for active recovery. The session will start with 4-6 minute warmup and finishes with a 12-15 minute stretch for relaxation and recovery.

Gear Requirements: a workout mat, water bottle, towel and one pair each of 7lb, 5lb and 3 lb dumbbells. An additional pair of one pound wrist weights is recommended, but not required. Our instructor suggests using a rolling suitcase or duffel to transport the gear.

SEPTEMBER 17 – DECEMBER 13
MONDAYS & THURSDAYS, 8:05 – 9:05 P.M.
No class October 8, November 12, November 22
The school also may require additional cancellations.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Greenport High School
Cafeteria/Gym

WALK15 AEROBICS

with Marilyn LoPresti, Ph.D., North Fork Bodies In Motion

This is a program for people of all abilities, and ages, with one common goal - to live better by WALKING MORE! Participants will be guided by the instructor to great music, by walking-based steps, to the beat. The hour includes warm-up, aerobic fitness, and cool-down stretch. The music will provide an aerobic workout every participant can do, through LOW IMPACT, easy to follow moves. The WALK15 program turns minutes into miles. WALK15 minutes of fun will provide approximately the equivalent of one mile for every fifteen minutes of movement. At the end of class, participants will have succeeded in "walking" approximately 3 miles. All registrants are asked to wear comfortable clothing, including sneakers. A small towel and a bottle of water is a must.

SEPTEMBER 4 – OCTOBER 30
TUESDAYS, 9:00 – 10:00 A.M.
No class September 25

COST:
RESIDENTS: \$40/person
NON-RESIDENTS: \$50/person
LOCATION: Southold Town Recreation Center

**REGISTRATION
BEGINS
AUGUST 9**

Children & Adults

TENNIS LESSONS

with Kate McDowell & Assisted By Jeanne Priola

Tennis lessons for children 8 and older as well as adults offer all abilities a chance to learn the game and improve their skills. Students must provide their own racket and wear sneakers. **When registering, please make sure to select the correct session in the online portal, or if registering by mail, indicate the specific session for which you wish to register.**

SESSION A:
WEDNESDAYS, SEPTEMBER 5 – OCTOBER 24

A ADULTS: 6:45 - 7:35 p.m.
(Adults ages 18 and older)

SESSION B:
SATURDAYS, SEPTEMBER 8 – OCTOBER 27

B-1. YOUTH: 9:00 - 9:50 a.m.
(Ages 13 - 17)

B-2. BEGINNER: 10:00 - 10:50 a.m.
(Youth ages 8-12)

B-3. BEGINNER +: 11:00 - 11:50 a.m.
(Youth ages 8-12 with some experience)

B-4. ADULTS: 12:00 - 12:50 p.m.
(Ages 18 and over)

COST:
RESIDENTS: \$50/person
NON-RESIDENTS: \$60/person
LOCATION: Tasker Park Tennis Courts,
Carroll Avenue, Peconic

BEGINNER/INTERMEDIATE GOLF LESSONS

at Island's End Golf & Country Club

Golfers ages 14 and older are welcome to participate in this four week program. Learn the fundamentals and develop good habits at the Island's End Golf and Country Club in Greenport. Local PGA golf professionals will teach group lessons.

SEPTEMBER 12 – OCTOBER 3
WEDNESDAYS, 5:00 - 6:00 P.M.

COST:
RESIDENTS: \$110.00
NON-RESIDENTS: \$120.00
LOCATION: Island's End Golf & Country Club

WEIGHT TRAINING

with Steve Smith

The word is out that strength training is the best way to get fit and stay fit throughout your life. Kick start your own strength training routine with this weight training program from our friendly and popular instructor, affectionately known as Smitty. This course will pay special attention to the following muscle groups: chest, shoulders, triceps, biceps, thighs, calves, abdominals, and the lower back.

SEPTEMBER 24 – DECEMBER 12
MONDAYS & WEDNESDAYS
7:00 - 8:30 P.M.

No class October 8, November 12 and November 21
COST:
RESIDENTS: \$95/person
NON-RESIDENTS: \$105/person
LOCATION: Southold High School
Weight Room

NEW FITNESS PROGRAMS! - CHECK THEM OUT!



Get Fit While You Sit
CHAIR AEROBICS
with Grace Rowan

Enjoy aerobic exercise from your chair. These chair exercises will give a full body workout, strengthening, toning and shaping muscles of the arms, shoulders, back and legs. Improve flexibility and circulation, tone muscles, reduce stress, stimulate your brain and build endurance and energy. This exercise program will help you get and stay active even if you have issues with balance or are unsteady on your feet.

This program is offered in two 4-week sessions. Feel free to register for one session or both, as your schedule allows.

SESSION A: SEPTEMBER 7 - SEPTEMBER 28
FRIDAYS, 1:00 P.M. – 2:00 P.M.

SESSION B: OCTOBER 5 – OCTOBER 26
FRIDAYS, 1:00 P.M. – 2:00 P.M.

COST:
RESIDENTS: \$25.00/person
NON-RESIDENTS: \$30.00/person
LOCATION: Southold Town Recreation Center

TAI CHI FOR ARTHRITIS & HEALTH
with Grace Rowan

This program is based on the SUN Style of Tai Chi – a method that is easy to learn, effective and safe. It improves flexibility, muscle strength, increases heart and lung activity, aligns posture, provides balance, and integrates the mind and body. The stances are higher, the movements are slow and gentle flowing, providing excellent exercise for the muscles and joints which leads to improved balance, mobility, flexibility and is effective in preventing falls.

This program is suitable for people of all ages and fitness levels, plus it is enjoyable and a safe experience. Participants should wear comfortable clothes and flat shoes suitable for exercise.

SEPTEMBER 5 – OCTOBER 24
WEDNESDAYS 3:00 P.M. – 4:30 P.M.

COST:
RESIDENTS: \$65.00/person
NON-RESIDENTS: \$75.00/person
LOCATION: Southold Town Recreation Center

Fall Prevention for Seniors
USE IT OR LOSE IT
with Grace Rowan

Here is a sobering statistic: The CDC reports that falls are the leading cause of hospitalization for senior citizens, and half of those falls result in injury, many that are serious. The good news is that falls are preventable, and this program will help participants keep their bodies strong and healthy so they can avoid falling, and those potentially serious injuries.

This course incorporates exercise with recommendations for lifestyle changes and appropriate changes at home to reduce risk. Participants will learn balance and strength building exercises, how to improve posture and body alignment, and identify strategies to reduce their risk of falling. You will also get added benefits that this additional activity imparts—a boost in concentration, improved memory and mood, and more confidence in your own physical activity.

Your body adapts to inactivity—this course will help you be more active. Use It, Don't Lose It!

SEPTEMBER 5 - SEPTEMBER 26
WEDNESDAYS, 1:30 P.M. – 2:30 P.M.

COST:
RESIDENTS: \$25.00/person
NON-RESIDENTS: \$30.00/person
LOCATION: Southold Town Recreation Center

SLOW YOUR AGING CLOCK
with Grace Rowan

This workout program is designed to help you become healthier, stronger and prevent falls. Using gentle, easy, chair, standing and weight training exercises, along with low impact aerobics, participants should experience improved balance, agility and coordination.

Learn ways to retrain your muscles to recover from a potential fall. Improve your posture and body alignment to look and feel more confident.

OCTOBER 3 – OCTOBER 24
WEDNESDAYS 1:30 P.M. – 2:30 P.M.

COST:
RESIDENTS: \$25.00/person
NON-RESIDENTS: \$30.00/person
LOCATION: Southold Town Recreation Center

Arts & Crafts, Fun & Games, Self-Improvement

An Outlet for your Creative Expression

ART JOURNALING

with Lois Levy



Are you looking to explore the artist within? Are you seeking a creative stress reliever or a relaxing outlet? Then this class is for you! Art journaling is a satisfying creative process that anyone can do. Designing your very own unique art journal is an enjoyable way of letting go and getting in touch with your imaginative self. No experience is necessary, just a desire to create. With the use of ink markers, paint, scribbled thoughts, collage and other fun creative techniques this class will allow you to do something just for yourself. No need to be concerned with the outcome. You are in the "no judgement zone" here. So come and join us to celebrate your expressive inner artist in this relaxed atmosphere. Please bring a bag lunch for this class as we will have a break time that includes sharing thoughts about our artistic exploration.

For Adults 18 years and older.

SATURDAY, OCTOBER 20
10:00 A.M. - 3:00 P.M.

COST:
RESIDENTS: \$45/person
NON-RESIDENTS: \$55/person
LOCATION: Southold Town Recreation Center

A Materials list will be provided at registration.

Capture the Essence of Nature's True Light

PLEIN AIR PAINTING ADVENTURES

with Suzanne Fokine, MFA

This class is for anyone who wants to learn to paint outdoors. Instructions will be in oil but you may choose any medium you are most familiar with such as watercolor, pastels or acrylics. Class is open to absolute beginners or accomplished painters and any one in-between. Each class starts off with demonstrated lessons. Students sketch and paint with the guidance of the instructor throughout the class. Students are responsible for their own supplies. Topics covered include dealing with the elements of outdoors, chasing the light, composition, color, hue, value, tone, intensity, choosing and mixing colors, brushes, varnishes, and more. Participants must be 16 years of age or older.

SESSION SEPTEMBER:
SEPTEMBER 7 - SEPTEMBER 28
FRIDAYS, 9:30 A.M. - 12:30 P.M.

SESSION OCTOBER:
OCTOBER 5 - OCTOBER 26
FRIDAYS, 10:00 A.M. - 1:00 P.M.

COST:
RESIDENTS: \$70/person
NON-RESIDENTS: \$80/person
MATERIALS FEE: \$10/person (bring to first class)
MATERIALS: Supply list provided at registration
LOCATION: Various locations on the North Fork

BALLROOM DANCING

with Alfonso from Touch Dancing TV Show

Learn all the right moves whether you are a beginner, intermediate or advance dancer by focusing on how to Lead & Follow. Smooth-Latin-Disco dances will be covered. Partners not required. There will be one hour of instruction followed by ½ hour of supervised practice.

SEPTEMBER 10 - OCTOBER 29
MONDAYS, 7:00 - 8:30 P.M.
No Class October 8

COST:
RESIDENTS: \$80/person
NON-RESIDENTS: \$85/person
LOCATION: Southold Town Recreation Center

KNITTING FOR BEGINNERS

with Barbara Terranova



Knitting is back in fashion and it's a great way to do something productive when you have time on your hand- literally! Make gifts for your family and friend as you are waiting for appointments, sitting at your child's soccer game, or riding shotgun on a long road trip. This is an enjoyable hobby that is easy to learn or pick-up again. Our instructor will show how to make a simple hat, knotted slippers or scarf. (Project directions and materials list will be provided at the time of registration) We'll also brainstorm where to get supplies and picking up where you left off on old projects.

TUESDAYS, 7:00 P.M. - 9:00 P.M.
SEPTEMBER 11 - OCTOBER 2

COST:
RESIDENTS: \$60/person
NON-RESIDENTS: \$70/person
LOCATION: Southold Town Recreation Center Conference Room

MAH JONGG!

with Huck Hirsch

For almost 100 years, spirited players have been picking and throwing Mah Jongg tiles from coast to coast (but mostly in Florida). The American game, which derives from its ancient Chinese counterpart, dates back to the 1920's and differs from Asian versions in its use of a standard card that determines the official hands you can play. Once you can read the card, the rest is easy as pie — and great with a side of pie a la mode! In only seven weeks, you'll be playing on your own.

This class is for beginners who want to learn the game AND those already playing who want to enjoy regular weekly play while also developing their game sense with additional instruction about strategy, defensive play, and other more advanced elements. All levels are welcome.

Please note special requirement: A 2018 NMJL Card is needed to participate. The instructor will provide instructions for obtaining one prior to the start of the program.

SEPTEMBER 18 - OCTOBER 30
TUESDAYS, 5:00 - 7:00 P.M.

COST:
RESIDENTS: \$50/person
NON-RESIDENTS: \$60/person
LOCATION: Peconic Lane Community Center

For Adults, Aged 16 and Older

BEGINNER/INTERMEDIATE GUITAR LESSONS

with Tom Boucher

This course will teach the fundamentals of guitar playing to beginner and intermediate students. Participants will learn how to tune a guitar, read basic musical notation, along with simple exercises to strengthen your hands, and play a song melody using notes and chords. **Students must supply their own guitars.**

This program is for students aged 16 and older

SEPTEMBER 12 - OCTOBER 31
WEDNESDAYS, 8:00 - 9:00 P.M.

COST:
RESIDENTS: \$55/person
NON-RESIDENTS: \$65/person
LOCATION: Southold Town Recreation Center

HERBS FOR HEALTH AND NUTRITION

with Heather Cusack

Students will learn the many uses and benefits of common herbs for food and medicine. This class will harvest from the summer herb garden, and prepare teas, tinctures, and salves from the herbs and other natural ingredients. Additional topics covered will include the benefits of cooking with herbs; a basic understanding of how to prepare herbs and incorporate them into your favorite foods; understand the benefits of growing herbs at home and how to plan your first herb garden; knowing how to select the right herbs, the best containers, the ideal fertilizer and the best amount of water to help your container herb garden thrive; when to harvest your herbs and how to dry them for storage; and many other pertinent topics.

SEPTEMBER 19 - OCTOBER 17
WEDNESDAYS, 4:00 - 5:00 P.M.

COST:
RESIDENTS: \$35/person
NON-RESIDENTS: \$40/person
MATERIALS FEE: \$20/person (Bring to first class)
LOCATION: Peconic Lane Community Center

WATERCOLOR CLASS

with Linda Nemeth

Discover the fun of experimenting with watercolors in this six-week class for beginners who have never held a brush in their hands and for intermediate students who have had some exposure to the medium. Emphasis will be on learning to play with and explore light, color, value, texture, and how to create various techniques while releasing the creative side of you. Throughout this course, our instructor will create a supportive, relaxed and enjoyable atmosphere through demonstrations and individual instruction. Students will be provided with a list of materials needed when registering for this course.

SEPTEMBER 17 - OCTOBER 29
MONDAYS, 7:00 - 8:30 P.M.

COST:
RESIDENTS: \$50/person
NON-RESIDENTS: \$60/person
LOCATION: Mattituck High School, Room #109

WHO I AM: A MEMOIR WRITING WORKSHOP

with Sara Bloom

Memoir writing takes you on an instructive journey into your own past, revealing the unique experiences that define you. Along the way, you'll learn some of the basic elements of good writing, and you will see how to apply these techniques to enliven your work. Isn't it time to tell your story, to reflect on who you are, and to have fun doing it? Your children, grandchildren, and future generations of your family will treasure this written inheritance.

WEDNESDAYS, 10:00 A.M. – 12:00 P.M.
SEPTEMBER 12, SEPTEMBER 26, OCTOBER 10,
OCTOBER 24, NOVEMBER 7 & NOVEMBER 28
COST:
RESIDENTS: \$40/person
NON-RESIDENTS: \$50/person
LOCATION: Peconic Lane Community Center

PAINTING IN PECONIC

Bring a canvas or tablet and your favorite paints to our Tuesday afternoon open painting group. Our friendly painters offer a supportive setting where you can create your next work of art-no matter what medium you prefer - watercolor, acrylic, oils, etc. Participants are welcome to share their ideas, suggestions, tips, and to politely critique each other. Registration is not required for this free program.

TUESDAYS
1:30 - 3:30 PM

For further information, please contact Roberta Hering at 765-1659 or Carol Brewer at 734-7873.

**REGISTRATION
BEGINS
AUGUST 9**

Kids (& Teen) Korner

For 4 & 5 Year Olds

LITTLE SCHOLARS CLUB

with Kerri Zablony

Young minds are wide open and ready to learn! Help foster your child's love of learning before they begin Kindergarten in a nurturing, fun and stimulating environment at "The Little Scholars Club." The program provides opportunities for children's communication, early literacy, and social skills to develop through meaningful experiences led by Ms. Kerri, an experienced teacher with a strong background in childhood literacy. Children will build emergent reading skills and develop a positive attitude toward learning through activities such as imaginative play, read alouds, reflections, games music and movement, and FREE PLAY! This program is for 4 and 5 year olds.

SEPTEMBER 26 – OCTOBER 24
WEDNESDAYS, 12:15 P.M. (DROP-OFF) – 2:15 P.M. (PICK-UP)

COST:
RESIDENTS: \$50/person
NON-RESIDENTS: \$60/person
MATERIALS FEE: \$5/person (bring to first class)
LOCATION: Peconic Lane Community Center

SANTA ACTIVITIES ANNOUNCED IN WINTER BROCHURE

To be published on November 16

The Recreation Department will announce our Holiday Programs in the Winter season brochure that will be published on November 16. Look for the Letters to Santa program, where we send your letters to the Jolly Old Elf at the North Pole, as well as scheduling a time for the youngsters to meet Santa while he is in the area.

For Youth Aged 8 -15

YOUTH GUITAR LESSONS

with Tom Boucher

This course will teach the fundamentals of guitar playing to beginner and intermediate students. Participants will learn how to tune a guitar, read basic musical notation, along with simple exercises to strengthen your hands, and play a song melody using notes and chords. **Students must supply their own guitars.**

SEPTEMBER 12- OCTOBER 31
WEDNESDAYS, 6:45 – 7:45 P.M.

COST:
RESIDENTS: \$55/person
NON-RESIDENTS: \$65/person
LOCATION: Southold Town Recreation Center

BOYS AND GIRLS YOUTH BASKETBALL

with Craig Osmer, Bill Gatz & Ryan Wesnofske

This morning of basketball is being offered to Southold Town resident boys and girls ages 8-16. **Due to the popularity of this program, we are limiting the number of children per session and charging a nominal fee. PRE- REGISTRATION IS REQUIRED**

SATURDAYS SEPTEMBER 15 – DECEMBER 15
SESSION A: AGES 8 – 12: 7:30 – 9:15 A.M.
SESSION B: AGES 13 – 16: 9:15 – 11:00 A.M.
No Class October 6, November 3, 10 & 24

COST: \$15/person
REGISTRATION IS REQUIRED
LOCATION: Southold Elementary School Gym

IT'S A DOG'S LIFE

DOG OBEDIENCE

with North Fork School for Dogs Instructor
Asha Gallacher

Join North Fork School for Dogs in teaching your dog basic obedience cues like "sit," "leave it," "come," "down," "stay," and loose leash walking. This course is a great continuation of the AKC Puppy STAR class or for those who are introducing their dogs to obedience for the first time. Dog behavior and common behavioral problems will also be discussed and introduced in a fun, informative way. All family members are encouraged to attend. However, one handler will be asked to work with the dog per class. This program is for dogs 6 months and older, and up-to-date on all vaccines

OCTOBER 24 – DECEMBER 5
WEDNESDAYS, 7:00 P.M. - 8:15 P.M.
No Class November 21

ORIENTATION CLASS OCTOBER 21
10:30 A.M. – 11:45 A.M.
NO DOGS! OWNERS ONLY

COST:
RESIDENTS: \$115/dog
NON-RESIDENTS: \$125/dog
LOCATION: Southold Town Recreation Center



AMERICAN KENNEL CLUB

S.T.A.R. PUPPY PROGRAM

(UP TO 6 MONTHS OLD)

with North Fork School For Dogs Instructor
Asha Gallacher

Get your puppy off to the right start with basic training and socialization. Positive training methods will teach attention, "sit," "down," "take it," "drop it," "leave it," "come," and polite leash. This class offers fun and informative learning and problem solving. Please check with your vet as to what age you may safely socialize your puppy. No puppies on the first day of class. All family members welcome.

Socialization Training Activity Responsibility

OCTOBER 21 – DECEMBER 9
SUNDAYS, 10:30 - 11:45 A.M.
Class will not meet November 18

FIRST CLASS – ORIENTATION OCTOBER 21
NO DOGS! OWNERS ONLY

COST:
RESIDENTS: \$115/dog
NON-RESIDENTS: \$125/dog
LOCATION: Southold Town Recreation Center

DOG OBEDIENCE CANINE GOOD MANNERS

with North Fork School For Dogs Instructor
Asha Gallacher

Do you want a well-behaved dog and the best mannered dog in town? Or do you think your dog has what it takes to become a therapy dog? To enroll for this class, your dog must have learned basic training skills as they will be challenged and put "to the test" with loose leash walking, sit and down stays with distractions, and the toughest test, polite greetings of humans and other dogs. You and your dog will have a great time learning these essential behaviors with fun and games, so bring your willingness to have a great time with your dog! Dogs must be over 6 months old. You have the option of taking the Canine Good Citizen Test on the last day of the class. This obedience class is a prerequisite for any dog owner pursuing a therapy certification. All dogs must be "dog friendly" in order to attend this program.

OCTOBER 21 – DECEMBER 9
SUNDAYS, 12:00 P.M. – 1:15 P.M.
Class will not meet November 18

ORIENTATION CLASS OCTOBER 21
10:30 A.M. – 11:45 A.M.
NO DOGS! OWNERS ONLY

COST:
RESIDENTS: \$115/dog
NON-RESIDENTS: \$125/dog
LOCATION: Southold Town Recreation Center

CPR CERTIFICATION COURSE

American Heart Association Basic Life Support for the Health Care Provider

American Heart Association Adult/Infant and Child CPR, foreign body airway obstruction in conscious and unconscious patients, use of barrier protection (pocket masks), bag valve mask ventilation (BVM's) and the use of the Automated External Defibrillator are covered in this course. There is a written and skills evaluation for this program. Students will receive the BLS for Health Care Provider Course Certification along with a study guide. This course will satisfy the requirements of Certification for many First Responders, EMS, Fire, EMT, Paramedic, Nurse, Doctor or Lifeguard. Please be advised that a lot of time is spent on the ground kneeling while practicing CPR, so participants should consider wearing comfortable clothing and bringing padding to kneel on.

SATURDAY, OCTOBER 13
8:00 A.M. – 12 P.M.

COST:
RESIDENTS: \$60.00/person
NON-RESIDENTS: \$70.00/person
LOCATION: Southold Town Recreation Center

**REGISTRATION
BEGINS
AUGUST 9**

DEFENSIVE DRIVING COURSE

Motor Vehicle Insurance & Point Reduction Course

Save money on your auto insurance premium and reduce points on your license with this 6-hour driver's safety course. If you are a New York State Licensed principal operator, you are eligible for a saving of 10% of the liability, basic PIP, and collision premium for 3 years, and if needed, a reduction of up to 4 violation points on your DMV driving record.

The New York Safety Program 6 Hour Point and Insurance Reduction Course will show you how to improve your driving by learning how to make rational, low risk decisions under stressful driving conditions. There is no test. **Please bring your lunch, a refrigerator is provided for your convenience.** Please bring a copy of your license to class as well.

SATURDAY, OCTOBER 6
9:00 A.M. – 3:30 P.M.

COST:
RESIDENTS: \$35/person
NON-RESIDENTS: \$45/person
LOCATION: Southold Town Recreation Center



www.facebook.com/SoutholdTownRecreationDept

Geared to Seniors but All Ages Welcome

SMART DRIVER COURSE

with Bernie Kettenbeil

This new and updated program of classroom instruction, developed by the AARP and approved by the NYS Department of Motor Vehicles, helps you refine and hone existing skills and develop safe defensive driving techniques. Learn how to handle adverse driving conditions, distracted driving behaviors, and traffic hazards. Updates to the NYS traffic law will also be discussed. Participants will learn about the effects of aging, medications, hearing loss, and vision issues. Although this program is geared towards drivers aged 50 and older, it is open to licensed drivers of all ages.

You may be eligible for up to a 10% reduction of the collision portion of your insurance, deductions may vary by company. Reduce up to 4 DMV points on your record.

TUESDAY, SEPTEMBER 25
9:30 A.M. – 4:30 P.M.

Southold Town Recreation Center

COST:
AARP MEMBERS: \$20/person
(Please provide your membership number at time of registration)
NON-MEMBERS: \$25/person

SPECIAL PAYMENT INSTRUCTIONS:
Payment must be made with a check or money order payable to AARP.

CASH OR CREDIT PAYMENTS ARE NOT ACCEPTED.

Additional Programs & Activities—All Ages

The following recreational programs are delivered through organizations not affiliated with Southold Town. These are listed as a public service to residents. For registration or more information please contact these organizations directly at the contact information provided.

FREE from CAST

WORD PROCESSING FOR BEGINNERS

CAST (Community Action Southold Town) is offering a beginner word processing course, using Microsoft Word. Activities will include writing and formatting letters and resumes, creating flyers and PDFs. Printing and sharing documents will also be discussed

This is a free program, but registration is required. Register through the CAST office directly at 631-477-1717 or by email at lilydj@castsoutholdtown.org. SPACE IS LIMITED!!

TUESDAYS, 6:30 P.M. TO 7:30 P.M.
SEPTEMBER 25 – OCTOBER 30
HOLY TRINITY CHURCH,
768 MAIN STREET, GREENPORT

SOUTHOLD TOWN GARDEN CLUB

Interested in gardening? It can be a life-time hobby. Find your creative self as we invite you to join the Southold Town Garden Club. Meetings are usually the first Wednesday of each month at Southold Library at 1PM. Join us as we learn new gardening techniques and enjoy gardening programs and share experiences. Field trips are always part of our program. Call 631-765-1111 or email ristuccia@aol.com for more information. All are welcome!

LIGHT PAINTERS PHOTO CLUB

Meet other local photographers and enjoy monthly photo excursions. Meetings are the 2nd Thursday of the month. Details at www.lightpainterslearningcenter.com, or call Judy McCleery at 631-765-3572

ANNUAL MARITIME FESTIVAL

Greenport's East End Seaport Museum will be celebrating its 28th annual Maritime Festival on September 22 and 23. The Lane and Sea Gala will kick off the weekend on Friday, September 21. The festival supports the East End Seaport Museum and Marine Foundation while celebrating eastern Long Island's nautical history. There will be a parade, boat races, exhibits, craft and food vendors adding to the celebration in historic Greenport Village.

For further information:
www.eastendseaport.org; 631-477-2100.

CUSTER INSTITUTE AND OBSERVATORY INC.

The Custer Institute and Observatory is Long Island's oldest public observatory (est.1927). Open to the public every Saturday evening from dark until midnight, our staff of volunteers will give you a tour of the facilities and the night sky through our powerful telescopes. Custer has frequent lectures, classes, concerts, art exhibits and other special events. For further information, please visit their website at www.CusterObservatory.org.

LOCAL LIBRARY PROGRAMS

Libraries aren't just about books. Check out the events and programs offered at our local libraries - from exercise programs to art exhibits, seminars and more.

Cutchogue-New Suffolk Free Library: www.cutchoguelibrary.org
Floyd Memorial Library: floydmemoriallibrary.org
Mattituck-Laurel Library: www.mattlibrary.org
Southold Free Library: southoldlibrary.org

BLOOD DRIVES

The Southold Fire Department will be hosting blood drives on August 15 and November 7 from 2:15 - 8:15 pm. at the firehouse, located on the Main Road in Southold, just east of Youngs Avenue. All donors arriving after 5:00 pm will be treated to spaghetti dinner and a slice of home made pie. Blood donors must be in general good health, weight at least 110 pounds, and be between the ages of 18-75.

Those aged 16-17 may donate with parent's permission, and those older than 75 must have permission from a doctor. Appointments are not necessary. For more information, please contact Michael Zweig:

Email at michaelzweig1942@gmail.com or
by phone at 646-823-5508.

SOUTHOLD MOTHERS' CLUB

SMC is open to all moms, caregivers and expectant moms with children ages 0-6. For more information or to join SMC please visit www.southoldmothers.org or email southoldmothersclub@gmail.com.

NORTH FORK AUDUBON SOCIETY

Learn more about their programs: 631.477.6456; www.northforkaudubon.org. Check out their Tuesdays with Tom Birdwatching Hikes.

GROUP FOR THE EAST END

The Group for the East End aims to protect and restore the environment of eastern Long Island through education, citizen action and professional advocacy. Come out and join us for a hike, paddle, or wildlife search to learn more about our beautiful East End. For further information, please visit our website at GroupfortheEastEnd.org. To receive a brochure, please contact Jessica Kennelly at jkennelly@eastendenvironment.org.

JUST FOR SENIORS

SENIOR EXERCISE

Come on down to the Recreation Center for some fun while exercising to music videos and tapes. There is no charge for this program.

FRIDAYS: 10:00 - 11:00 a.m.
LOCATION: Southold Town Recreation Center

SOUTHOLD- PECONIC SENIOR CITIZENS CLUB

Needs a few good members

Get out of the house and enjoy a change of scenery while you make new friendships and maybe renew some forgotten ones. Meetings are held two times a month, on Thursdays, at the Southold Recreation Center in Peconic.

Enjoy activities ranging from bus trips, bingo games, billiards, luncheons, and holiday parties with special menus for St. Patrick's Day, Oktoberfest, and Christmas.

Attendance and membership is free of charge and coffee is provided, but members must bring their own lunch, or purchase lunch from the Senior Lunch Program for a \$4.00 donation.

So mark your calendar for Thursdays, pack a lunch and grab a seat at the next meeting.

Learn more from Paula Johnson (631-734-8039) or Donald Wagner (631-765-4934).

**2ND & 4TH THURSDAYS; 10:45 A.M.
 SOUTHOLD RECREATION CENTER
 970 PECONIC LANE, PECONIC**

SENIOR WELLNESS EDUCATION SERIES

The Senior Wellness Education Series is presented on the first Friday of each month at the Southold Town Human Resource Center in Mattituck. It is a series of topics specially targeted for older adults. Phone: 631-298-4460; website: www.southoldtownny.gov.

SOUTHOLD TOWN SENIOR SERVICES

The Southold Town Human Resource Center in Mattituck provides many support services for seniors aged 60 and older, including hot nutritious meals at the center and delivered to the home, residential repair programs, adult daycare, caregiver support, and much more. Call 631-298-4460 to learn more.

*Funding sponsored by
 Southold Town, The Suffolk County Office for Aging,
 The New York State Office for Aging.*



TOWN OF SOUTHOLD

*Scott A. Russell, Supervisor
 Louisa P. Evans, Justice/Councilwoman
 William P. Ruland, Councilman
 Jill M. Doherty, Councilwoman
 James Dinizio, Jr., Councilman
 Robert Ghosio, Councilman*

*Elizabeth A. Neville, Town Clerk
 Vincent Orlando, Superintendent of Highways*

*Recreation Department: 631.765.5182
 E-Mail: southoldrecreation@southoldtownny.gov
 web: www.southoldtownny.gov*

RECREATION DEPARTMENT POLICIES, TERMS AND CONDITIONS

REGISTRATION POLICY

Registrations are accepted on a first come, first served basis through three methods: remotely by the Online Recreation Portal, by mail with a check and properly completed registration form or in person at the Recreation Center with payment by cash, check or credit card and a properly completed registration form. Payment is required at time of registration. Early registrations will not be accepted. Program fees will not be pro-rated. A \$20 fee will be charged for any returned check. Participants are advised to have a complete physical prior to participating in activities that are strenuous. All participants take part in the Southold Town recreation programs at their own risk. The Town of Southold Recreation Department assumes no responsibility for injuries suffered or sustained from risks inherent in participating in department sponsored programs or while using recreation program facilities.

REFUND POLICY

- Full refunds will be granted if a program is cancelled due to insufficient enrollment or is canceled by the Recreation Department and no cancellation fee will be assessed. Refunds will not be issued for trips, special events, or ticketed events unless your place can be filled by someone on a waiting list for said activity. In such an instance, a \$5 cancellation fee will be assessed.
- A full refund will be issued if the registrant cancels their registration two or more weeks before a class or program, however, the \$5 cancellation fee will be assessed to the participant per class or program. No refunds will be issued if the request is made two weeks or less before the start of a class or program. No refunds will be granted after the class or program has started.
- If your transaction was processed by credit card through the online registration portal, the service charge assessed will not be refunded, even if the program was cancelled.
- Refunds that are requested as the result of a medical condition or injury that precludes the registrant from participating will be considered on a case by case basis and will require proof from a medical professional.
- Any bounced checks will result in the Town charging a bounced check fee of \$20. All credit payments will be processed 1-2 business days after receiving a payment confirmation.
- Credits to participate in future programs will not be issued for any reason. If you missed a class or full program, and would like to take a similar program in the future, you will be required to register and pay in full.
- Refunds will be issued approximately 4 weeks after the refund is authorized. Refunds on payments made by credit card will be credited back to the same credit card account used at the time of registration.
- In the event of an instructor being unavailable due to reasons other than inclement weather, efforts will be made to reschedule the class upon the instructor's availability at the discretion of the Recreation Department Supervisor.

BUS TRIP CANCELLATION POLICY

It is acknowledged and understood by all participants that bus excursion events are organized through third party vendors. In the event of a cancellation or rescheduling of a bus excursion event due to inclement weather or other reasons beyond the Town of Southold's control, refunds and fees, if any, shall be subject to the cancellation, refund and rescheduling policies of the specific third party vendor. Excursion event participants further understand and agree that the Town of Southold, its Officials, Employees and Agents, and the transportation company, shall not be held liable or responsible for losses, damages or expenses related to said excursion, including delays caused by accidents, breakdowns, inclement weather, road conditions, acts of God, public enemies, authority of law, quarantine, perils of navigation, air traffic delays, riots, strikes, the hazards or dangers incident to a state of war and any other condition beyond the Town's or transportation company's control. Furthermore, the Town of Southold and transportation company cannot and does not guarantee arrival nor departure times. If any of the above conditions make the excursion inadvisable, Town and transportation company reserve the right to alter the excursion accordingly; neither the Town nor transportation company shall be held liable for same.

INCLEMENT WEATHER

In the event of inclement weather, program cancellations will be announced on WLNG Radio 92.1 FM, and posted on the Southold Town Website (www.southoldtownny.gov). If time permits, Recreation Department staff will attempt to notify you by email and/or phone message of any cancellations.

CHILDREN & PETS

For the safety and enjoyment of everyone, adults are kindly asked not to bring children to any recreation programs or activities geared toward adults. Children brought to adult classes interfere with other participants and the instructor. This is for the safety of your children and the consideration of other program participants. Pets are not permitted at Southold Town Facilities, except in areas specifically designated for them, such as the Dog Park or at classes specifically designated for them, such as dog obedience programs.

WAIVER:

All participants are required to accept the following waiver sign-off when registering themselves or their children/wards for a program. Upon authorizing your registration, you will be required to check off that you accept the waiver in order to complete your registration transaction.

By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

TOWN DIRECTORY

Supervisor/Town Board	765-1889	Human Services/Nutrition Center	298-4460
Accounting	765-4333	Justices/Justice Court	765-1852
Animal Shelter	765-1811	Land Preservation Department	765-5711
Assessors	765-1937	Planning Board	765-1938
Bay Constable	765-2600	Police Department	765-2600
Building Department	765-1802	Receiver of Taxes	765-1803
Code Enforcement	765-1939	Recreation Department	765-5182
Community Development/DPW	765-1283	Town Attorney	765-1939
Data Processing	765-1891	Town Clerk	765-1800
Department of Solid Waste/ Transfer Station	734-7685	Town Historian	765-1981
Engineer	765-1560	Town Trustees	765-1892
Highway Department	765-3140	Youth Bureau	765-5806
		Zoning Board of Appeals	765-1809

Household User Account Information Form

(This form must be completed to set-up a User Account BEFORE REGISTERING FOR A PROGRAM)

Mail or bring to: Southold Recreation Department | 970 Peconic Lane | P.O. Box 267 | Peconic, New York 11958
(631) 765-5182 | southoldrecreation@southoldtownny.gov

Main Contact (check one): Resident Non-Resident

First Name: _____ Last Name: _____

Mailing Address (Street or PO Box) _____

City: _____ State: _____ Zip: _____

Email Address: _____

Main Phone Number: _____ Alt. Phone Number: _____

Date of Birth (required for security purposes): _____

Local Address (If different from Mailing Address)

Street: _____

City: _____ State: _____ Zip: _____

Other Household Members:

First Name	Last Name	Relationship to Main Contact	Date of Birth

THE NEW REGISTRATION PROCESS

The online registration portal is now live and will be used to process ALL program registrations. Therefore EVERYONE must activate a Household User Account in order to register for programs, even if you don't have an email address or computer.

Register with Email:

Using your email address to create a Household User Account will be the simplest, quickest and most convenient method to get started. You can do this from any computer with an Internet connection by visiting www.southoldtownny.gov/portal. Then click on Recreation Department Online Registration Portal. Through this method, your email address will become your account ID.

When you initially set-up a Household User Account through the email registration method, you should receive an email which asks you to confirm your registration. If you do not receive this email check your spam folder.

No Email? No Problem!

As we stated above, use of your email will be best, but if you don't have an email address, or prefer not to use it, you can register your Household User Account through the kiosk at the Southold Recreation Center. After the account is activated, you may register by mail with a payment by check, or you may register at the Recreation Center Office with the kiosk, using any form of payment you prefer (cash, check, credit card). Your Account ID will be assigned when you first activate it.

Please note that you will not be able to use your home computer with a kiosk generated Household User Account.

Questions or Problems? Contact the Recreation Department if you need help. The office is open Monday through Friday 8 am - 4 pm. Call 631-765-5182 or email southoldrecreation@southoldtownny.gov

STEP-BY-STEP INSTRUCTIONS

Set - up a Household User Account (this step only needs to be done ONCE-the first time you register for a program)

Offline: Complete the Household User Account Information Form (see above) and submit it with your Program Registration Form (see the right column).

IMPORTANT:

PLEASE USE A DESKTOP OR LAPTOP COMPUTER. Using a mobile device may cause processing errors that will prevent your transaction from completing.

Online:

1. Visit www.southoldtownny.gov/portal to navigate to the online portal, click on the Recreation Department Online Registration Portal. At the login screen for the Portal, enter your email address in the "New User" box and click "Register." Complete the form, remembering to check the terms and conditions box and providing a password.
2. Respond to the confirmation email that you should receive within 10 minutes of registering the account. (check your spam folder if you don't receive it.)
3. Login to the Household User Account and add any additional participants from your household. (Scroll to the bottom of the screen to find the "add new participant" button.)

REGISTER FOR PROGRAMS

(after setting up a Household User Account)

Offline: Complete the registration form on the right and either mail it with a check payment or bring it to the Recreation Department with your cash, check or credit card payment. Please note that mailed registrations MUST be paid by check.

Online: Login to your Household User Account, navigate to the "Search Events" page and select the program you want to register for. Follow the on screen instructions and prompts to add the events to your shopping cart and process the transaction with a credit card payment.

NOTE: Credit card transactions made online will be subject to a non-refundable processing fee of 2.45%.

Program Registration Form (For Registrations Submitted by Mail or in Person)

Mail to or Bring to:

Southold Recreation Department | 970 Peconic Lane | P.O. Box 267 | Peconic, NY 11958
(631) 765-5182 | southoldrecreation@southoldtownny.gov

IMPORTANT! A User Account must be registered and activated for all participants prior to submitting registration. If you have not created a User Account, please complete the Household Account Information Form first.

User Account Email Address or Account Number: _____

User Account's Main Contact Name: _____

Phone Number: _____

(please provide the best contact for this (these) registrants)

Program Participant's First & Last Name	Program Name	Fee	Payment Method

WAIVER:

By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

Signature: _____ Date: _____