

April 2017

SOUTHOLD TOWN SENIOR SERVICES
 750 PACIFIC ST., MATTITUCK 631-298-4460
 KAREN McLAUGHLIN, DIRECTOR
 JACQUELINE MARTINEZ, SR. CITIZEN CNTR MGR.

Sunday

Monday

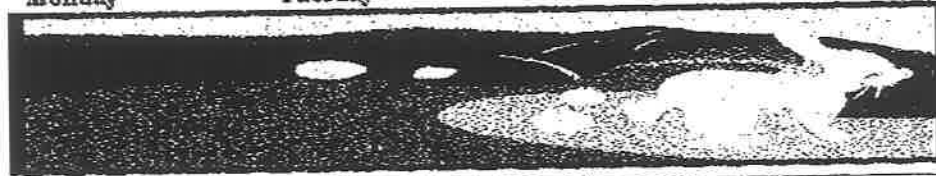
Tuesday

Wednesday

Thursday

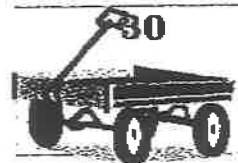
Friday

Saturday



1
**APRIL
 FOOL'S**

2	3 Spanish Style Chicken W/Yellow Rice Greenbeans Spinach Mixed Fruit Cup	4 Ham with Peach Ginger Sauce Roasted Potatoes Asparagus Apple Sauce & Juice Coconut Custard Pie	5 Home Made Beef Lasagna Normandy Blend Vegetables Carrots Banana	6 BBQ Chicken Baked Beans Broccoli Apple/Carrot Juice Homemade Cheese Cake	7 Potato Encrusted Cod Wild Rice California Blend Vegetables Broccoli Orange Juice Fruited Yogurt	8
9 PALM SUNDAY	10 Chicken Cordon Bleu Couscous String Beans Spinach Apple PASSOVER & SUNDOWN	11 Cheddar & Spinach Quiche Corn, Carrots L/S V-8 Juice Mango Chunks	12 Turkey Chili over Rice Diced Beets California Blend Vegetables Diced Pears	13 Leg of Lamb/Gravy Roasted Potatoes Red Cabbage Brussel Sprouts Apple Juice Cheese Cake	14 Stuffed Flounder Wild Rice Asparagus, Carrots Apple Juice Ice Cream GOOD FRIDAY	15
16 EASTER SUNDAY	17 Stuffed Cabbage Potatoes Brussel Sprouts Orange	18 Chicken Carciatore' Penne Pasta Mixed Vegetables Spinach, Grape Juice, Nanaimo Bars LAST DAY OF PASSOVER	19 Roasted Vegetable Lasagna Brussel Sprouts Corn Tropical Fruit Salad	20 Pot Roast/Gravy Mashed Potatoes Red Cabbage Broccoli Orange Juice Upside Down Cake	21 Honey Mustard Salmon Rosemary Potatoes Cauliflower Orange Juice Mandarin Orange & Banana	22
23	24 Stuffed Shells Italian Blend Vegetables Escaroles with Garlic & Oil Diced Pineapple Cup	25 Chicken Tenders Macaroni & Cheese Spinach, Carrots Diced Peaches	26 Roast Beef with Gravy Mashed Potatoes Okra & Stewed Potatoes Brussel Sprouts Apple-Carrot Juice Birthday Cake	27 Chicken Parmesan Spaghetti with Sauce Romaine Salad Italian Blend Vegetables Lemon Meringue Pie	28 Krabby Cakes Rice Pilaf Asparagus Diced Carrots Sliced Peaches	29



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TOWN OF SOUTHOLD HRC

03/24/2017 7:48 AM FAX 6312984462

April 2017

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

						1
						April Fools
						8
2	3 1:00 p.m. Monday Matinee	4 10:45 a.m. Tea Time Tuesday	5 9:00 a.m. - Caseworker Stella 10:00 a.m. - Arts & Crafts 1:00 p.m. Grocery Shopping	6 9:00 a.m. Caseworker Phyllis 10:00 a.m. - Table! Instructions with Students 2:00 p.m. Bereavement Group	7 11:00 a.m. Senior Wellness Series "Safe Medication Practice" with Guest Speaker Ray Krupski, R.Ph, MBA, Director of Pharmacy, ELIH 1:00 p.m. - Trip to Big Lots	
9 Palm Sunday	10 1:00 p.m. Monday Matinee	11 10:45 a.m. Tea Time Tuesday	12 9:00 a.m. - Caseworker Stella 10:00 a.m. - Arts & Crafts 1:00 p.m. Grocery Shopping	13 9:00 a.m. Caseworker Phyllis 10:00 a.m. - Table! Instructions with Students 2:00 p.m. Bereavement Group	14 11:30 a.m. EASTER Trivia and Best EASTER Honnet Contest 12:30 p.m. - Trip to MACYS	15
16 Easter Sunday	17 1:00 p.m. Monday Matinee	18 10:45 a.m. Tea Time Tuesday	19 9:00 a.m. - Caseworker Stella 10:00 a.m. - Arts & Crafts 1:00 p.m. Grocery Shopping @ Stop & Shop	20 9:00 a.m. Caseworker Phyllis 2:00 p.m. Bereavement Group	21 9:30 a.m. Day of Beauty Must sign up in Advance	22
23	24 1:00 p.m. Monday Matinee	25 10:45 a.m. Tea Time Tuesday	26 9:00 a.m. - Caseworker Stella 10:00 a.m. - Arts & Crafts 1:00 p.m. Grocery Shopping Blood Pressure Clinic	27 9:00 a.m. Caseworker Phyllis 10:00 a.m. - Table! Instructions with Students 2:00 p.m. Bereavement Group	28 11:00 a.m. Show & Tell Share your favorite item or Story 1:00 p.m. - Trip to Best Yet & TJ Maxx	29
30						

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