



# Town of Southold

# Recreation Programs & Activities

# Spring 2017



## Capture the Essence of Nature's True Light **ADVENTURES IN PLEIN AIR PAINTING**

with *Suzanne Fokine, MFA*

This class is for anyone who wants to learn to paint outdoors. Instructions will be in oil but you may choose any medium you are most familiar with such as watercolor, pastels or acrylics. Class is open to absolute beginners or accomplished painters and any one in-between. Each class starts off with demonstrated lessons. Students sketch and paint with the guidance of the instructor throughout the class. Students are responsible for their own supplies. Topics covered include dealing with the elements of outdoors, chasing the light, composition, color, hue, value, tone, intensity, choosing and mixing colors, brushes, varnishes, and more. Participants must be 16 years of age or older.

**FRIDAYS, 11:00 A.M. - 2:00 P.M.**  
**SESSION A: APRIL 28 - MAY 19**  
**SESSION B: JUNE 2 - JUNE 30**  
**NO CLASS ON JUNE 23**

**COST:**  
**RESIDENTS:** \$60.00/person  
**NON-RESIDENTS:** \$70.00/person  
**MATERIALS FEE:** \$5.00/person (Bring to class)  
**MATERIALS:** Supply list provided at registration  
**LOCATION:** Various locations on the North Fork

## **WALK15 AEROBICS**

with *Marilyn LoPresti, Ph.D.*

This is a program for people of all abilities, and ages, with one common goal - to live better by WALKING more! The program is designed with walking based moves so that people of all ages and fitness levels can easily take part in this program.


Participants will be guided by the instructor to "walk to the beat", and includes warm-up, fitness walking, and a cool down-stretch. The beat will provide a walking workout that every participant can do, through low impact, easy to follow moves. The WALK15 program turns minutes into miles. WALK15 minutes of fun will provide approximately the equivalent of a 15 minute mile of fun! Participants can choose to do one, two, three, or even four miles. All registrants are asked to wear comfortable clothes, including sneakers, and bring a small towel and a bottle of water.

**APRIL 10 - JUNE 19**  
**MONDAYS, 9:00 - 10:00 A.M.**  
**NO CLASS APRIL 24 AND MAY 29**

**COST:**  
**RESIDENTS:** \$40/person  
**NON-RESIDENTS:** \$50/person  
**LOCATION:** Southold Town Recreation Center

## **REGISTRATION BEGINS MARCH 2**

### **LIFEGUARD CERTIFICATION CLASS**

The Town of Southold is offering  two American Red Cross Lifeguard Certification Classes as well as a recertification course. The courses provide entry level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illness until EMS personnel take over.

**CLASS DATES:**  
**MARCH 25 & MARCH 26 OR MAY 20 & MAY 21**  
**2:00 P.M. - 9:00 P.M.**

**TEST DATE: JUNE 18, 9:00 A.M.**

**FEE: \$335**

**PARTICIPANTS MUST BE 15+ YEARS OLD AND  
ABLE TO ATTEND CLASS DATES & TEST DATE**

### **Recertifications also available for Lifeguard and CPR**

*Please note that registration is  
NOT AVAILABLE through the online portal*

*To register or for more information contact:  
Southold Town Recreation Department (631)765-5182  
SoutholdRecreation@SoutholdTownNY.gov*

*Many Thanks to Peconic Landing for providing the site  
to allow us to offer this course.*

### **Save the Dates!**

## **SUMMER BASEBALL BUS TRIP PREVIEW**

Calling Mets fans and Yankees fans! We are in the planning stages for the bus trips to Citifield and Yankee Stadium so you can enjoy a home game with your favorite team, without the hassle of driving. Full details will be published in May, when the Summer program brochure is released on May 11, but we can announce the dates and visiting teams that they will host.

Mets Game: Friday, August 4<sup>th</sup>, Hosting the Dodgers  
Yankees Game: Friday, August 11, Hosting the Red Sox

**REGISTRATION WILL BEGIN ON MAY 11.**



## **Learn Facebook, Instagram and Twitter SOCIAL MEDIA BOOTCAMP FOR BUSINESS & NON-PROFITS**

With *Judy McCleery*

 **NEW!**

Facebook, Instagram and Twitter are staples of communicating with customers and colleagues in today's business environment. If you are not participating in at least one of the popular platforms you are missing a significant part of your potential customer base. Operating effectively in social media can seem confusing and intimidating for the uninitiated, but with a few simple routines and templates, you can quickly develop a strong and engaged following in these top 3 platforms.

This two-week program will cover best practices for creating posts using text, photos and hashtag keywords, demonstrate how to post the information from computers and mobile devices, and look at apps to help automate and streamline the process. Creating business accounts in Instagram and Brand Pages in Facebook will be covered as well. Instruction will be provided on setting the user accounts, too.

Students should have a basic knowledge of accessing photographs and the web on smartphones and/or tablets, or the computer they will be using for creating posts. It will be helpful for students to also have a personal account in Facebook already set-up.

**MARCH 25 - APRIL 1**  
**SATURDAYS, 9 AM - 11 AM**

**COST:**  
**RESIDENTS:** \$30/person  
**NON-RESIDENTS:** \$40/person  
**LOCATION:** Peconic Lane Community Center

## **INTRODUCTION TO PICKLEBALL**

with *Henry Pesce*

The exciting and fun game of pickleball is one of the fastest growing sports in America! Pickleball is a great way to socialize, while reaping the many benefits of exercise. Although pickleball appears similar to tennis, it is played on a smaller court with a slower moving plastic ball. Those key differences make pickleball easier to play than tennis for a wide range of players, especially seniors. This program is designed for true beginners or people looking to see what the sport has to offer. Paddles and balls will be provided. Although this class is geared toward seniors, adults ages 21 and over are welcome to participate.

**JUNE 1 - JUNE 15**  
**THURSDAYS, 6:00 - 8:00 P.M.**

**COST:**  
**RESIDENTS:** \$25/person  
**NON-RESIDENTS:** \$30/person  
**LOCATION:** Cochran Park, Peconic

*Class size is limited, early registration is strongly recommended.*

# Bodies in Motion-Sports, Fitness & More

## CLASSIC BODY SCULPTING/ AEROBICS

with Martha Eagle

Start getting in shape with a stronger, healthier, leaner body! This thorough workout program implements the cross-training method by combining hand-held weights and effective fat-burning aerobic moves to tone and strengthen all muscle groups while increasing flexibility. Please bring an exercise mat and hand-held weights (2-5 lbs.) to class. All ages and exercise levels are welcome to join!

Participants must be 16 years of age and over.

APRIL 10 – JUNE 21

MONDAYS & WEDNESDAYS, 5:30 - 6:30 P.M.

COST:

RESIDENTS: \$45/person

NON-RESIDENTS: \$55/person

LOCATION: Southold Town Recreation Center

*Class will not meet on May 29*

## PILATES, YOGA, AND POWER STRETCHING FRIDAYS ONLY

with Martha Eagle

This thorough early morning workout program will be a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

Participants must be 16 years of age and over. Early registration is strongly recommended.

APRIL 14 – JUNE 16

FRIDAYS, 9:00 - 9:45 A.M.

COST:

RESIDENTS: \$25/person

NON-RESIDENTS: \$30/person

LOCATION: Southold Town Recreation Center

## PILATES, YOGA, AND POWER STRETCHING

with Martha Eagle

This thorough early morning workout program will be a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

Participants must be 16 years of age and over.

APRIL 11 – JUNE 23

TUESDAYS & FRIDAYS, 7:45 - 8:45 A.M.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Southold Town Recreation Center

## HATHA YOGA

with Rosemary Martilotta

Yoga is an ancient Eastern Indian system of balancing body, mind, and emotions. The goal of yoga is to have a peaceful, clear mind in a sound, healthy body. Hatha Yoga is the aspect of Yoga that approaches this goal through the physical side of the individual. The Yoga postures (asanas) work each part of the body to stretch and tone the muscles, increase fluidity in the joints, and promote flexibility of the entire skeletal system. By releasing physical and mental tension, energy is increased, health is maintained, and a sense of well-being is created. Please bring to class a yoga mat, a belt, 2 flat blankets, an empty stomach, and a smile.

MONDAYS, APRIL 17 – JUNE 12

SESSION A

7:30 - 8:45 A.M.

SESSION B:

9:00 - 10:15 A.M.

NO CLASS ON MAY 29

COST:

RESIDENTS: \$45/person/session

NON-RESIDENTS: \$55/person/session

LOCATION: Peconic Lane Community Center Auditorium

## CHAIR YOGA – SEATED AND STANDING POSES ONLY

with Rosemary Martilotta

All are welcome to attend this friendly class. The primary aim of yoga is to restore the mind to simplicity and peace. Unlike other forms of exercise which strain muscles and bones, yoga gently rejuvenates the body. By restoring the body, yoga frees the mind from the negative feelings caused by the fast pace of modern life. The practice of yoga fills up the reservoirs of hope and optimism within you. It helps you overcome all obstacles on the path to perfect health and spiritual contentment. It is a rebirth.

APRIL 17 – JUNE 12

MONDAYS, 10:30 - 11:30 A.M.

NO CLASS ON MAY 29

COST:

RESIDENTS: \$40/person

NON-RESIDENTS: \$50/person

LOCATION: Peconic Lane Community Center Auditorium

## TAI CHI AND QI GONG

with Denise Gillies

This program is for people ages 14 and over. Live happy and be well. Reduce stress, activate self-healing properties, improve balance, flexibility and mental focus through this mind, body and spirit practice. Through this ancient form of Chinese exercise and meditation, you will learn simple fluid movements, deep breathing rhythms and visualization techniques to create inner energy and peace. This program is beneficial to all ages and levels of physical fitness. Participants are asked to wear comfortable clothing and bring a yoga mat to the program.

THURSDAYS, APRIL 6 – MAY 25

SESSION A:

6:00 - 7:00 P.M.

SESSION B:

7:15 - 8:15 P.M.

COST:

RESIDENTS: \$45/person/session

NON-RESIDENTS: \$55/person/session

LOCATION: Peconic Lane Community Center Auditorium

## THE CIRCUIT BASED WORKOUT

with Laurie Short

This is 'FIT CAMP', where the focus is on form, function and technique using various functional training 'toys'. This group training session uses a circuit format of 24 stations with intervals of 30 seconds of effort followed by 10 seconds of rest. Stations consist of (a) movement drills using agility ladders, cones, jump ropes, hula hoops, steps and agility rings AND (b) muscle endurance drills using medicine balls, tubing, stability balls and weighted bars. Class starts with a 10 minute warm-up followed by 15 minutes of strength exercises. The 30 minute circuit follows that and we conclude with 5 minutes of stretching. Train at your own pace (no repetition counts!) ... suitable for all fitness levels and ages. **Requirements:** One pair of 5, 6, 7 or 8 pound dumbbells, a water bottle, towel and mat. Cross training shoes are most preferable since running shoes do not provide stability for lateral movements... Dress to sweat!!! A materials/equipment fee of \$20.00 will be collected at the first class. Future participation in this program will require an additional \$20.00 fee once each year from your initial date of enrollment.

MARCH 27 – JUNE 15

MONDAYS & THURSDAYS, 7:00 – 8:05 P.M.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

MATERIALS FEE: \$20/person (bring to first class)

LOCATION: Greenport High School Cafeteria/Gym

*Class will not be held on April 10 & 14, May 29  
The school may also require additional cancellations.*

## DROP SET STRENGTH TRAINING, MAT COREWORK AND RELAXATION

with Laurie Short

Rev your metabolism in half the time of traditional workouts. Research shows that this type of training is one of the most effective and speediest of routines. You'll gain lean muscle tissue enabling you to lose inches and firm up fast. The Drop Set technique calls for only 2 sets of each exercise [9 total exercises in about 25 minutes] with very short rest periods. You start with a weight you can lift only for 10 – 12 reps. Then immediately drop down [by 25-30%] to a lighter set of weights and complete no more than 12 reps for your second set. Part II of class time [at 35 minutes] is focused on mat corework and stretching/relaxation. Please bring a water bottle, towel and mat. **Requirements:** these sets of dumbbells; Bring 1 pair EACH of 8, 5, & 2 pounds OR... 1 pair EACH of 7, 5, & 3 pounds. An additional pair of one pound wrist weights is encouraged.

MARCH 27 – JUNE 15

MONDAYS & THURSDAYS, 8:15 – 9:15 P.M.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Greenport High School Cafeteria/Gym

*Class will not be held on April 10 & 13, May 29  
The school may also require additional cancellations.*

## GOLF FITNESS

with Jeff Edward Poplarski, D.C., LLC

Dr. Jeffrey Poplarski will be offering an 8-week Titleist Performance Golf Fitness Screening to enhance your golf game. The TPI certified instructor will screen each participant individually to determine swing faults, addressing posture, lower and upper body mobility and stability, balance and power. This program will target golf swing analysis and golf body mechanics. The first class will consist of an evaluation of swing and body imbalances. The remainder of the program will address any faults that are noticed. Dr. Jeff does not believe there is one way to swing a club; he believes there are an infinite number of ways to swing a club. But he does believe that there is one efficient way for all golfers to swing a club and it is based on what you can do physically. Participants should bring a 5 iron to class.

Dr. Jeff is the Wellness Director for the U.S. Open Golf Championships, Titleist Performance Golf Fitness Instructor and a "First Swing" golf instructor for the Eastern Amputee Golf Association.

APRIL 9 – JUNE 18  
SUNDAYS, 8:45 – 10:00 A.M.

**COST:**  
**RESIDENTS:** \$65/person  
**NON-RESIDENTS:** \$75/person  
**LOCATION:** Southold Town Recreation Center

*Class will not be held on April 16, May 28, and June 11*

## WEIGHT TRAINING

with Steve Smith

The word is out that strength training is the best way to get fit and stay fit throughout your life. Kick start your own strength training routine with this weight training program from our friendly and popular instructor, affectionately known as Smitty. This course will pay special attention to the following muscle groups: chest, shoulders, triceps, biceps, thighs, calves, abdominals, and the lower back.

MARCH 27 – JUNE 12  
MONDAYS, WEDNESDAYS, & THURSDAYS  
7:00 - 8:30 P.M.  
NO CLASS MAY 29

**COST:**  
**RESIDENTS:** \$95/person  
**NON-RESIDENTS:** \$105/person  
**LOCATION:** Southold High School  
Weight Room

## ADULT BOATING SAFETY COURSE

Taught by instructors of the U.S. Coast Guard Auxiliary, Flotilla 18-08

This 10 hour course, for adults 18 and older, is held on two Saturdays. Topics include: boat handling and operation, navigating the waterways, boating emergencies, personal watercraft, legal and safety requirements, marine radio, and water sports. This highly acclaimed course has been developed to support the particular needs of the novice and average boaters in this area. Course information and materials must be picked up and read prior to the first class. Certificates will be awarded upon successful completion. The certificate may also entitle you to an insurance discount. **Early registration is strongly recommended as class size is limited!**

APRIL 29 & MAY 6  
SATURDAYS, 10:00 A.M. – 3:00 P.M.

**COST:** \$55/person  
**LOCATION:** Southold Town Recreation Center

## BEGINNER/INTERMEDIATE GOLF LESSONS

at Island's Golf & Country Club

Golfers ages 14 and older are welcome to participate in this four week program. Learn the fundamentals and develop good habits at the Island's End Golf and Country Club in Greenport. Local PGA golf professionals will teach group lessons. Participants are welcome to bring their own golf clubs or they may be borrowed.

WEDNESDAYS, 5:00 - 6:00 P.M.  
APRIL 19 – MAY 10

**COST:**  
**RESIDENTS:** \$110.00/person  
**NON-RESIDENTS:** \$120.00/person  
**LOCATION:** Island's End Golf and  
Country Club

## BALLROOM DANCING

with Alfonso from Touch Dancing TV Show

Learn all the right moves whether you are a beginner, intermediate or advance dancer by focusing on how to Lead & Follow. Smooth-Latin-Disco dances will be covered. Partners not required. **There will be one hour of instruction followed by ½ hour of supervised practice.**

APRIL 10 – MAY 22  
MONDAYS, 7:00 - 8:30 P.M.  
NO CLASS APRIL 24

**COST:**  
**RESIDENTS:** \$70/person  
**NON-RESIDENTS:** \$80/person  
**LOCATION:** Southold Town Recreation Center

## PAINTING IN PECONIC

Bring a canvas or tablet and your favorite paints to our Tuesday afternoon open painting group. Our friendly painters offer a supportive setting where you can create your next work of art-no matter what medium you prefer - watercolor, acrylic, oils, etc. Participants are welcome to share their ideas, suggestions, tips, and to politely critique each other. Registration is not required for this free program.

TUESDAYS  
1:30 - 3:30 PM

*For further information, please contact Roberta Hering at 765-1659 or Carol Brewer at 734-7873.*

## DEFENSIVE DRIVING

*Motor Vehicle Insurance & Point Reduction Course*

Save money on your auto insurance premium and reduce points on your license with this 6-hour driver's safety course. If you are a New York State Licensed principal operator, you are eligible for a saving of 10% of the liability, basic PIP, and collision premium for 3 years, and if needed, a reduction of up to 4 violation points on your DMV driving record. The New York Safety Program 6 Hour Point and Insurance Reduction Course will show you how to improve your driving by learning how to make rational, low risk decisions under stressful driving conditions. There is no test. **Please bring your lunch, a refrigerator is provided for your convenience.**

SATURDAY, APRIL 22  
9:00 A.M. – 3:30 P.M.

**COST:**  
**RESIDENTS:** \$35.00/person  
**NON-RESIDENTS:** \$45.00/person  
**LOCATION:** Southold Town Recreation Center

## TENNIS LESSONS

with Kate McDowell

Tennis lessons for children 8 and older as well as adults offer all abilities a chance to learn the game and improve their skills. Students must provide their own racket and wear appropriate footwear.

When registering, please remember you will select the session preference with the letter and number (i.e. A-1)

SESSION A:  
WEDNESDAYS, APRIL 5 – MAY 24

A-1. ADULTS: 6:45 - 7:35 p.m.  
(Adults ages 18 and over)

SESSION B:  
SATURDAYS, APRIL 8 – JUNE 27

B-1. YOUTH: 9:00 - 9:50 a.m.  
(Ages 13 - 17)

B-2. BEGINNER: 10:00 - 10:50 a.m.  
(Youth ages 8-12)

B-3. BEGINNER +: 11:00 - 11:50 a.m.  
(Youth ages 8-12  
with some experience)

B-4. ADULTS: 12:00 - 12:50 p.m.  
(Ages 18 and older)

**COST:**  
**RESIDENTS:** \$40/person  
**NON-RESIDENTS:** \$45/person  
**LOCATION:** Tasker Park Tennis Courts,  
Peconic Lane, Peconic

**REGISTRATION  
BEGINS  
MARCH 2**

*Geared to Seniors but All Ages Welcome*  
**SMART DRIVER COURSE**  
*with James Bowden*

This new and updated program of classroom instruction, developed by the AARP and approved by the NYS Department of Motor Vehicles, helps you refine and hone existing skills and develop safe defensive driving techniques. Learn how to handle adverse driving conditions, distracted driving behaviors, NYS laws, and traffic hazards. Participants will learn about the effects of aging, medications, hearing loss, and vision issues. Although this program is geared towards drivers aged 50 and older, it is open to licensed drivers of all ages.

You may be eligible for up to a 10% reduction of the collision portion of your insurance, deductions may vary by company. Reduce up to 4 DMV points on your record.

THURSDAY, JUNE 15  
8:30 A.M. – 3:30 P.M.  
Southold Town Recreation Center

**COST:**  
**AARP MEMBERS:** \$20.00/person  
(Please provide your membership number at time of registration)  
**NON-MEMBERS:** \$25.00/person

**SPECIAL PAYMENT INSTRUCTIONS:**  
**Each participant must pay with a separate check or money order payable to AARP.**  
**CASH OR CREDIT PAYMENTS ARE NOT ACCEPTED.**

# Arts & Crafts, Fun & Games, Self-Improvement

Send a One-of-a-Kind Message!

## CREATE YOUR OWN H@LLMARK STYLE GREETING CARDS

with Lisa Tettelbach

Have you ever been frustrated by the price of a greeting card? Did you know you could make a homemade card with just a few basic supplies? Everyone has a creative side so come see how easy it is. We will focus on one unique card making technique to create two, ready to send personalized greeting cards. Each is a work of art that is sure to thrill the recipient. It's a great feeling to have that special card ready and in hand when you actually need one. **Card stock, inks, rubber stamps and embellishments will be supplied.** Stamping is fun and a great reason to get together with friends. Come make some new ones!

WEDNESDAY, MAY 10  
6:30 - 8:00 P.M.

**COST:**  
**RESIDENTS:** \$10/person  
**NON-RESIDENTS:** \$12/person  
**MATERIALS FEE:** \$3/person (bring to class)  
**LOCATION:** Peconic Lane Community Center

## CREATIVE SKETCHING

An Informal Approach to Drawing for Pleasure  
with Lois Levy

Observe the world in a new, creative way. Take your casual doodling from mindless to masterful. Flip the familiar over to sketch something original that speaks in your own creative style.

In a relaxed and supportive atmosphere this class will explore various themes such as visual texture, development of shape and form consciousness, line and wash techniques, your personal artistic signature of mark making, quick sketching techniques, and the skills of seeing vs. knowing your subject. The class will also develop these themes using various mediums such as ink pens, pencils, charcoal, paint and brush as a sketching tool, and learn to creatively combine them in sketches.

All levels are welcome. Participants must be 16 years of age or older.

APRIL 8 - 29  
SATURDAYS, 9:30 A.M. - 12:30 P.M.

**COST:**  
**RESIDENTS:** \$65.00/person  
**NON-RESIDENTS:** \$75.00/person  
**LOCATION:** Peconic Lane Community Center

## WATERCOLOR CLASS

with Linda Nemeth

Discover the fun of experimenting with watercolors in this six-week class for beginners who have never held a brush in their hands and for intermediate students who have had some exposure to the medium. Emphasis will be on learning to play with and explore light, color, value, texture, and how to create various techniques while releasing the creative side of you. Throughout this course, our instructor will create a supportive, relaxed and enjoyable atmosphere through demonstrations and individual instruction. Students will be provided with a list of materials needed when registering for this course.

MAY 1 - JUNE 12  
MONDAYS, 7:00 - 8:30 P.M.  
NO CLASS MAY 29

**COST:**  
**RESIDENTS:** \$50/person  
**NON-RESIDENTS:** \$60/person  
**LOCATION:** Mattituck High School

For Adults & Teen Ages 16 and Older

## BEGINNER/INTERMEDIATE GUITAR LESSONS WITH TOM BOUCHER

This beginner course will teach the fundamentals of guitar playing. Students will learn how to tune a guitar, read basic musical notation, simple exercises to strengthen your hands, and play a song melody using notes and chords. **Students must supply their own guitars.**

APRIL 19 - JUNE 7  
WEDNESDAYS, 6:45 - 7:45 P.M.

**COST:**  
**RESIDENTS:** \$55/person  
**NON-RESIDENTS:** \$65/person  
**LOCATION:** Southold Town Recreation Center

## HERBS FOR HEALTH AND NUTRITION

with Heather Cusack

Students will learn the many uses and benefits of common herbs for food and medicine. We will continue to plant harvest from the program's herb garden. We will prepare teas, tinctures, salves, and creams from the herbs and other natural ingredients. Additional topics covered will include the benefits of cooking with herbs; a basic understanding of how to prepare herbs and incorporate them into your favorite foods; understand the benefits of growing herbs at home and how to plan your first herb garden; knowing how to select the right herbs, the ideal fertilizer and the best amount of water to help your container herb garden thrive; when to harvest your herbs and how to dry them for storage; and many other pertinent topics. Participants will be given an herb plant to take home.

APRIL 19 - MAY 17  
WEDNESDAYS, 5:00 - 6:00 P.M.

**COST:**  
**RESIDENTS:** \$38/person  
**NON-RESIDENTS:** \$48/person  
**MATERIALS FEE:** \$10/person (Bring to first class)  
**LOCATION:** Peconic Lane Community Center

## LET'S PLAY MAH JONGG!

with Huck Hirsch

For almost 100 years, spirited players have been picking and throwing Mah Jongg tiles from coast to coast (but mostly in Florida). The American game, which derives from its ancient Chinese counterpart, dates back to the 1920's and differs from Asian versions in its use of a standard card that determines the official hands you can play. Once you can read the card and extrapolate variations, the rest is easy as pie — and great with a side of pie a la mode! In only seven weeks, you'll be playing on your own.

This class is for beginners who want to learn the game AND those already playing who want to enjoy regular weekly play while also developing their game sense with additional instruction about strategy, defensive play, and other more advanced elements. All levels are welcome.

APRIL 18 - MAY 30  
TUESDAYS, 5:00 - 7:00 P.M.

**COST:**  
**RESIDENTS:** \$50.00/person  
**NON-RESIDENTS:** \$60.00/person  
**LOCATION:** Peconic Lane Community Center

## WHO I AM: A MEMOIR WRITING WORKSHOP

with Sara Bloom

Memoir writing takes you on an instructive journey into your own past, revealing the unique experiences that define you. Along the way, you'll learn some of the basic elements of good writing, and you will see how to apply these techniques to enliven your work. Isn't it time to tell your story, to reflect on who you are, and to have fun doing it? Your children, grandchildren, and future generations of your family will treasure this written inheritance.

SESSION A  
TUESDAYS, 10:15 A.M. - 12:15 P.M.  
APRIL 11 & 25, MAY 9 & 23, JUNE 6 & 20

SESSION B  
WEDNESDAYS, 10:00 A.M. - 12 NOON  
APRIL 12 & 26, MAY 10 & 24, JUNE 7 & 21

**COST:**  
**RESIDENTS:** \$40/person  
**NON-RESIDENTS:** \$50/person  
**LOCATION:** Peconic Lane Community Center

Beautiful Photos in a Few Simple Steps

## PHOTO EDITING WITH LIGHTROOM

With Judy McCleery of the  
Light Painters Learning Center

Learn how to get the best from every image with this single program. Lightroom makes everything about digital and smartphone photography easier and faster. Perfect your shots with powerfully simple adjustments and a full range of advanced controls. Easily find and organize all your photos. Quickly share your favorites on social networks, or showcase them in elegant photo books and web galleries. Beginners will learn the ropes and users with some knowledge of Lightroom will learn best practices for an efficient workflow.

Class will be presented in a demonstration and workshop format. Students may follow along on their own laptop.

APRIL 4 - APRIL 25  
THURSDAYS, 6:00 - 8:00 P.M.

**COST:**  
**RESIDENTS:** \$45/person  
**NON-RESIDENTS:** \$55/person  
**LOCATION:** Peconic Lane Community Center

## YOU BETCHA CAN SING

with Jennifer Kane

Did you always want to sing but thought you couldn't or never had the chance? Small group settings provide a supportive environment where students are encouraged to have fun while exploring their creativity and vocal potential. Students will learn proper vocal techniques, breathing exercises, and breathing techniques to develop their voices, build self-confidence, and increase musical awareness. The program will conclude with a performance by participants. **This class is open to adults ages 18 and over.**

APRIL 4 - MAY 23  
TUESDAYS, 7:00 - 8:30 P.M.

**COST:**  
**RESIDENTS:** \$45.00/person  
**NON-RESIDENTS:** \$55.00/person  
**LOCATION:** Peconic Lane Community Center  
Auditorium



## DOG OBEDIENCE CANINE GOOD CITIZEN/PRE-THERAPY

by North Fork School For Dogs Instructor Asha Gallacher, and Dawn Bennett

Do you want a well-behaved dog and the best mannered dog in town? Or do you think your dog has what it takes to become a therapy dog? To enroll for this class, your dog must have learned basic training skills as they will be challenged and put "to the test" with loose leash walking, sit and down stays with distractions, and the toughest test, polite greetings of humans and other dogs. You and your dog will have a great time learning these essential behaviors with fun and games, so bring your willingness to have a great time with your dog!

Dogs must be older than 6 months. This obedience class is a prerequisite for any dog owner pursuing a therapy certification. **All dogs must be "dog friendly" in order to attend this program and know the basic obedience cues of Sit, Down, Come, and Stay.**

**APRIL 23 - JUNE 11  
SUNDAYS, 12:00 - 1:15 P.M.  
ORIENTATION SESSION**

**APRIL 23 10:30 - 11:45  
NO CLASS MAY 28**

**COST:**  
**RESIDENTS:** \$100.00/dog  
**NON-RESIDENTS:** \$110.00/dog  
**LOCATION:** Southold Town Recreation Center

## DOG PARK

At the Southold Town Recreation Center

Need a safe place to let your dog stretch its legs? Visit the Southold Town Dog Park, located behind the Recreation Center on Peconic Lane in Peconic. The Dog Park provides a safe area for pet owners to bring their dogs for off leash play, exercise and socialization with other dogs. Small dogs have their own area, allowing pet parents to keep them separate from larger dogs. Dispensers for waste removal are provided at the park. All dogs that use this facility must be legally licensed and up to date on all vaccinations.

**REGISTRATION  
BEGINS  
MARCH 2**

## CPR COURSE

American Heart Association Basic Life Support for the Health Care Provider

American Heart Association Adult/Infant and Child CPR, foreign body airway obstruction in conscious and unconscious patients, use of barrier protection (pocket masks), bag valve mask ventilation (BVM's) and the use of the Automated External Defibrillator are covered in this course. There is a written and skills evaluation for this program. Students will receive the BLS for Health Care Provider Course Certification along with a study guide. This course will satisfy the requirements of Certification for many First Responders, EMS, Fire, EMT, Paramedic, Nurse, Doctor or Lifeguard.

**SATURDAY, JUNE 10  
8:00 A.M. - 12 NOON**

**COST:**  
**RESIDENTS:** \$60.00/person  
**NON-RESIDENTS:** \$70.00/person  
**LOCATION:** Southold Town Recreation Center

## LIFE WITH DOGS

AMERICAN KENNEL CLUB

### S.T.A.R. PUPPY PROGRAM

(UP TO 6 MONTHS OLD)

by North Fork School For Dogs Instructor Asha Gallacher, and Dawn Bennett

Get your puppy off to the right start with basic training and socialization. Positive training methods will teach attention, sit, down, take it, drop it, leave it, polite leash and come. Fun and informative learning and problem solving. Please check with your vet as to what age you may safely socialize your puppy. No puppies on the first day of class. All family members welcome, however, one handler will be asked to work with the puppy each class. All current vaccinations must be presented at the first (orientation) class.

Socialization Training Activity Responsibility

**APRIL 23 - JUNE 11  
SUNDAYS, 10:30 - 11:45 A.M.  
NO CLASS MAY 28**

**COST:**  
**RESIDENTS:** \$100.00/dog  
**NON-RESIDENTS:** \$110.00/dog  
**LOCATION:** Southold Town Recreation Center



For Dogs 6 months and Older

### DOG OBEDIENCE

by North Fork School For Dogs Instructor Asha Gallacher, and Dawn Bennett

Join North Fork School for Dogs in teaching your dog basic obedience cues like sit, loose leash walking, leave it, come, down and stay. This course is a great continuation of the AKC Puppy STAR class or for those who are introducing their dogs to obedience for the first time. Dog behavior and common behavioral problems will also be discussed and introduced in a fun, informative way. All family members are encouraged to attend; however, one handler will be asked to work with the dog per class. All dogs must be 6 months or older and up to date on all vaccinations.

**APRIL 26 - MAY 31  
WEDNESDAYS, 6:45 - 8:00 P.M.**

**ORIENTATION SESSION  
SUNDAY, APRIL 23 10:30 - 11:45 A.M.**

**COST:**  
**RESIDENTS:** \$100.00/dog  
**NON-RESIDENTS:** \$110.00/dog  
**LOCATION:** Southold Town Recreation Center

## Children & Teens

For Ages 6 to 10

### INTRO TO IRISH STEP DANCE

with Kyleen Vernon of My Pulse My Passion



Introduce your child to Irish Step Dancing with this beginner program. Students will develop muscle strength and stamina while they become familiar with the music and dance steps, and explore this fun dance style. Instructor Kyleen Vernon is a popular, knowledgeable instructor who maintains a fun learning environment, and is gaining renown for both her competitive and non-competitive, but high performance philosophy.

Special gear not required. Students should wear socks, with non-baggy pants, jeans or shorts so the knees are visible.

**MAY 6 - MAY 20  
SATURDAYS, 11:30 A.M. - 12:30 P.M.**

**COST:**  
**RESIDENTS:** \$35.00/person  
**NON-RESIDENTS:** \$45.00/person  
**LOCATION:** Peconic Lane Community Center Auditorium

Ages 5 and Older

### CROCHET & SPOOL KNITTING

with Theresa Pressler



This after school program offers youngsters aged 5 and older a chance to learn about crocheting and knitting, enhancing fine motor skills for the little ones, and encouraging creativity in the older children. Needlework program such as these, performed in a group setting, also provide an opportunity to extend your child's social circle. All materials are included in registration fee.

**MAY 23 - JUNE 20  
TUESDAYS, 4:00 - 6:00 P.M.**

**COST:**  
**RESIDENTS:** \$45.00/person  
**NON-RESIDENTS:** \$55.00/person  
**LOCATION:** Southold Town Recreation Center

Four and Five Year Olds

### LITTLE SCHOLARS CLUB

with Kerri Zablotty



Young minds are wide open and ready to learn! Help foster your child's love of learning before they begin Kindergarten in a nurturing, fun, and stimulating environment at "The Little Scholars Club." This program provides opportunities for children's communication, early literacy, and social skills to develop through meaningful experiences led by Ms. Kerri, an experienced teacher with a strong background in childhood literacy. Children will build emergent reading skills and develop a positive attitude toward learning through activities such as: imaginative play, read alouds, reflections, games, crafts, music and movement, story dictation, and FREE PLAY! This program is for 4 and 5 year olds.

**THURSDAYS, APRIL 6 - JUNE 8  
12:30 P.M. (DROP-OFF) - 2:30 P.M. (PICK-UP)**

**COST:**  
**RESIDENTS:** \$90.00/person  
**NON-RESIDENTS:** \$100.00/person  
**MATERIALS FEE:** \$10.00/person (bring to 1st class)  
**LOCATION:** Peconic Lane Community Center

### ARTS & CRAFTS PROGRAM

with Theresa Pressler



Join us at the recreation center on Tuesday afternoons for a fun-filled afternoon geared toward boys and girls ages 5 and older. Activities will include tie-dye your own T-shirt, various arts & crafts projects, plus many other fun and exciting activities. All materials are included in registration fee.

**APRIL 18 - MAY 16  
TUESDAYS, 4:00 - 6:00 P.M.**

**COST:**  
**RESIDENTS:** \$45.00/person  
**NON-RESIDENTS:** \$55.00/person  
**LOCATION:** Southold Town Recreation Center

# Business and Technology Classes from CAST

The programs listed below are offered directly by CAST. All inquiries, and program registrations must be done directly through CAST. Call their office in Greenport for more information at 631-477-1717

## COMPUTER FUNDAMENTALS

with Terese & Vincent Pette; Sponsored by CAST

During the course of these free computer classes, we will teach you **not to fear** the computer.

### SESSION A: BEGINNERS LEVEL

#### COMPUTER ESSENTIALS 101

APRIL 13 - MAY 18

THURSDAYS, 7:00 - 9:00 P.M.

Topics to be covered will include: main functions of the laptop; starting up the laptop; the operating system; mouse functions and practice; an in-depth "hands-on" look at the Windows 7 "Desktop"; understanding and navigating the Windows 7 "Library"; icons & shortcuts; personalizing the desktop; and much more!

### SESSION B: INTERMEDIATE LEVEL

#### COMPUTER FUNDAMENTALS 102

MAY 25 - JUNE 29

THURSDAYS, 7:00 - 9:00 P.M.

Everyone will get a Peconic Electronics email address. Topics to be covered include: configuring Microsoft Outlook; file formats; security: virus protection software; control panel functions; using Internet Explorer for research; and much more!

**COST:** NO CHARGE

**LOCATION:** Peconic Lane Community Center

**REGISTER:** Contact CAST 631-477-1717

## EXCEL FOR BUSINESS

Sponsored by CAST

Learn Microsoft Excel. Suitable for beginners and intermediate users

APRIL 10 - MAY 1

MONDAYS, 7:00 - 9:00 P.M.

**COST:** NO CHARGE

**LOCATION:** Peconic Lane Community Center

**REGISTER:** Contact CAST 631-477-1717

## WORD FOR BUSINESS

Sponsored by CAST

Learn Microsoft Word. Suitable for beginners and intermediate users

MAY 8 - JUNE 5

MONDAYS, 7:00 - 9:00 P.M.

**COST:** NO CHARGE

**LOCATION:** Peconic Lane Community Center

**REGISTER:** Contact CAST 631-477-1717

## TIME MANAGEMENT FOR BUSINESS

Sponsored by CAST

Learn time management skills to improve productivity in your professional life.

JUNE 12 - JUNE 26

MONDAYS, 7:00 - 9:00 P.M.

**COST:** NO CHARGE

**LOCATION:** Peconic Lane Community Center

**REGISTER:** Contact CAST 631-477-1717

## TAKE A HIKE...ON THE TRAILS OF THE NORTH FORK

(Visit [southoldtownny.gov](http://southoldtownny.gov) and navigate to the Land Preservation Department to find a full description and location of the trails)

MILL ROAD PRESERVE - Mattituck

LAUREL LAKE PRESERVE - Laurel

DOWNNS FARM PRESERVE - Cutchogue

GOLDSMITH INLET PARK - Southold

CEDAR BEACH COUNTY PARK - Southold

## BLOOD DRIVES

The Southold Fire Department will be hosting blood drives on Wednesdays, March 22, & May 24 from 2:15 - 8:15 pm. at the firehouse, located on the Main Road in Southold, just east of Youngs Avenue. For more information, please contact Michael Zweig: [michaelzweig1942@gmail.com](mailto:michaelzweig1942@gmail.com).



Like us on  
**Facebook**

[www.facebook.com/SoutholdTownRecreationDept](http://www.facebook.com/SoutholdTownRecreationDept)

## Additional Programs & Activities--All Ages

*The following recreational programs are delivered through organizations not affiliated with Southold Town. These are listed as a public service to residents. For registration or more information please contact these organizations directly at the contact information provided.*

*Egg Hunt April 2nd!*

### BAGELS WITH THE BUNNY

All are invited to Bagels with the Bunny on Sunday, April 2 starting at 10 A.M. at the Southold Recreation Center, 970 Peconic Lane, Peconic.

The Bunny will be strolling through the scene, taking photos with the children. Also, enjoy games and raffles, and finish the morning with an egg hunt at 11:15 A.M.

Cost is \$5 for Adults, \$3 for children aged 2 - 10, and children under 2 are free.

This event is sponsored by the Southold Mother's Club. Visit their website at [southoldmothers.org](http://southoldmothers.org).

*Astronomy Day April 29!*

### CUSTER OBSERVATORY

Established in 1927, and located at 1115 Main Bayview Road in Southold, Custer is a non-profit open to the public every Saturday evening until midnight. The experienced staff will give you a tour of the night sky through our powerful telescopes on clear nights. Bring your own telescope (BYOT) as well!

Be sure to attend Custer Astronomy Day April 29th: Fun and educational activities for all ages.

Check the website for a list of all events:  
[custerobservatory.org](http://custerobservatory.org),

*May 1st!*

### SUNSHINE SOCIETY FUNDRAISER

Southold Sunshine Society Inc. is holding its annual fundraising event on **Monday, May 1** at the Wharf House on Founder's Landing in Southold. Along with the scenic setting, attendees will enjoy a sandwich luncheon and an afternoon of game playing, complete with a prize for the high scorer at each table. Door prizes donated by Sunshine members will be presented during the luncheon. Admission is \$15.00 per person. Pre-registration is necessary. Contact Anne Swanson to make your reservation at 765-5735. Space is limited. Gather your foursome, select the game of your choice and make your reservation. The folks of the Sunshine Society look forward to greeting you at 12 noon for lunch on the 1st of May. Play will continue until 3 P.M.

### NORTH FORK AUDUBON SOCIETY

Learn more about their programs: 631.477.6456; [www.northforkaudubon.org](http://www.northforkaudubon.org). Check out their Tuesdays with Tom Birdwatching Hikes.

### VISUALLY IMPAIRED PERSONS OF SOUTHOLD

Meet first Wednesday - Southold Town Recreation Center at 10:30 am. Call Steve Carroll at 631-875-1896 or Nancy May at 516- 238-9768.

*Friday, June 2*

### RELAY FOR LIFE

Jean Cochran Park, Peconic

The Relay For Life of Southold is bigger and better each year thanks to the support from our community. 2017's Relay For Life's 12<sup>th</sup> year in the Southold community and June 2 will be a day of celebration and remembrance in our community's fight against cancer! The American Cancer Society's Relay For Life is the world's largest and most impactful fundraising event to end cancer. It unites communities across the globe to celebrate people who have battled cancer, remember loved ones lost, and take action to finish the fight once and for all. Today, with the support of thousands of volunteers like you, the American Cancer Society is helping save more than 400 lives a day. Please join us!

For more information contact Brittany DiDonato [Brittany.didonato@cancer.org](mailto:Brittany.didonato@cancer.org) or 631-300-3454.

### OFFSHORE LIGHTHOUSE CRUISES

For information on upcoming cruises: [www.eastendseaport.org](http://www.eastendseaport.org); [eesmcruises@gmail.com](mailto:eesmcruises@gmail.com), 631-477-2100.

### THE NORTH FORK COMMUNITY THEATRE

For performance schedule and audition/volunteer information, please visit their web site at: [www.nfct.com](http://www.nfct.com).

## DEVELOPMENTAL DISABILITIES PROGRAM

with *Lynne Richards*

Southold Town's Program for the Disabled, sponsored in conjunction with the East End Disabled Benevolent Fund, Inc., serves any individual with a developmental, mental, or physical disability residing on the East End. This social and recreational program offers varied activities including: bowling, golf, monthly dances with desserts and music provided by a local DJ, day outings comprised of lunches at local restaurants, movies, shopping and special bus trips to New York City, etc. For more information regarding this program, please call Lynne Richards at 765-1551 or write to her at 185 Mechanic Street E., Southold, NY, 11971.

**REGISTRATION  
BEGINS  
MARCH 2**

## JUST FOR SENIORS

### SOUTHOLD-PECONIC SENIOR CITIZENS CLUB

*Needs a few good members*

Get out of the house and enjoy a change of scenery while you make new friendships and maybe renew some forgotten ones. Meetings are held two times a month, on Thursdays, at the Southold Recreation Center in Peconic.

Enjoy activities ranging from bus trips, bingo games, billiards, luncheons, and holiday parties with special menus for St. Patrick's Day, Oktoberfest, and Christmas.

Attendance and membership is free of charge and coffee is provided, but members must bring their own lunch.

So mark your calendar for Thursdays, pack a lunch and grab a seat at the next meeting.

Learn more from Donald Wagner (631-333-2040).

**2ND & 4TH THURSDAYS; 10:45 A.M.  
SOUTHOLD RECREATION CENTER  
970 PECONIC LANE, PECONIC**

### SENIOR EXERCISE

Come on down to the recreation center for some fun while exercising to music videos and tapes. There is no charge for this program.

**FRIDAYS:** 10:00 - 11:00 a.m.  
**LOCATION:** Southold Town Recreation Center

### SOUTHOLD TOWN SENIOR SERVICES

The Southold Town Human Resource Center in Mattituck provides many support services for seniors aged 60 and older, including hot nutritious meals at the center and delivered to the home, residential repair programs, adult daycare, caregiver support, and much more. Call 631-298-4460 to learn more.

Funding sponsored by  
Southold Town, The Suffolk County Office for Aging,  
The New York State Office for Aging.



## TOWN OF SOUTHOLD

*Scott A. Russell, Supervisor*  
*Louisa P. Evans, Justice/Councilwoman*  
*William P. Ruland, Councilman*  
*Jill M. Doherty, Councilwoman*  
*James Dinizio, Jr., Councilman*  
*Robert Ghosio, Councilman*

*Elizabeth A. Neville, Town Clerk*  
*Vincent Orlando, Superintendent of Highways*  
\*\*\*\*\*

*Janet Douglass, Recreation Supervisor*  
*Recreation Department: 631.765.5182*  
*E-Mail: janetd@southoldtownny.gov*  
*web: www.southoldtownny.gov*

## TOWN DIRECTORY

Supervisor/Town Board	765-1889
Accounting	765-4333
Animal Shelter	765-1811
Assessors	765-1937
Bay Constable	765-2600
Building Department	765-1802
Code Enforcement	765-6620
Community Development/DPW	765-1283
Data Processing	765-1891
Department of Solid Waste/ Transfer Station	734-7685
Engineer	765-1560
Highway Department	765-3140
Human Services/Nutrition Center	298-4460
Justices/Justice Court	765-1852
Land Preservation Department	765-5711
Planning Board	765-1938
Police Department	765-2600
Receiver of Taxes	765-1803
Recreation Department	765-5182
Town Attorney	765-1939
Town Clerk	765-1800
Town Historian	765-1981
Town Trustees	765-1892
Youth Bureau	765-5806
Zoning Board of Appeals	765-1809

## RECREATION DEPARTMENT POLICIES, TERMS AND CONDITIONS

### REGISTRATION POLICY

Registrations are accepted on a first come, first served basis through three methods: remotely by the Online Recreation Portal, by mail with a check and properly completed registration form or in person at the Recreation Center with payment by cash, check or credit card and a properly completed registration form. Payment is required at time of registration. Early registrations will not be accepted. Program fees will not be pro-rated. A \$20 fee will be charged for any returned check. Participants are advised to have a complete physical prior to participating in activities that are strenuous. All participants take part in the Southold Town recreation programs at their own risk. The Town of Southold Recreation Department assumes no responsibility for injuries suffered or sustained from risks inherent in participating in department sponsored programs or while using recreation program facilities.

### REFUND POLICY

Full refunds will be granted if a class or program is cancelled due to insufficient enrollment or is canceled by the Recreation Department and no cancellation fee will be assessed. Refunds will not be issued for trips, special events, or ticketed events unless your place can be filled by someone on a waiting list for said activity. In such an instance, a \$5 cancellation fee will be assessed.

A full refund will be issued if the registrant cancels their registration two or more weeks before a class or program, however, the \$5 cancellation fee will be assessed to the participant per class or program. No refunds will be issued if the request is made two weeks or less before the start of a class or program. No refunds will be granted after the class or program has started.

If your transaction was processed by credit card through the online registration portal, the service charge assessed will not be refunded, even if the program was cancelled.

Refunds that are requested as the result of a medical condition or injury that precludes the registrant from participating will be considered on a case by case basis and will require proof from a medical professional.

Any bounced checks will result in the Town charging a bounced check fee of \$20. All credit payments will be processed 1-2 business days after receiving a payment confirmation.

Credits to participate in future programs will not be issued for any reason. If you missed class or full program, and would like to take a similar program in the future, you will be required to register and pay in full.

Refunds on payments made by cash or check will be issued approximately 2-4 weeks after the refund is authorized. Refunds on payments made by credit card will be credited back to the same credit card account used at the time of registration.

### INCLEMENT WEATHER

In the event of inclement weather, program cancellations will be announced on WLNG Radio 92.1 FM, and posted on the Southold Town Website ([www.southoldtownny.gov](http://www.southoldtownny.gov)). If time permits, Recreation Department staff will attempt to notify you by email and/or phone message of any cancellations. There will also be a recorded message at the Recreation Department Office informing you of the status of the scheduled activities. Call the Recreation Department at 631-765-5182.

### CHILDREN & PETS

For the safety and enjoyment of everyone, adults are kindly asked not to bring children to any recreation programs or activities geared toward adults. Children brought to adult classes interfere with other participants and the instructor. This is for the safety of your children and the consideration of other program participants. Pets are not permitted at Southold Town Facilities, except in areas specifically designated for them, such as the Dog Park or at classes specifically designated for them, such as dog obedience programs.

### WAIVER:

All participants are required to accept the following waiver sign-off when registering themselves or their children/wards for a program. Upon authorizing your registration, you will be required to check off that you accept the waiver in order to complete your registration transaction.

*By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.*

## Household User Account Information Form

**(This form must be completed to set-up a User Account BEFORE REGISTERING FOR A PROGRAM)**

Mail or bring to: Southold Recreation Department | 970 Peconic Lane | P.O. Box 267 | Peconic, New York 11958  
(631) 765-5182 | southoldrecreation@southoldtownny.gov

**Main Contact** (check one):  Resident  Non-Resident

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Mailing Address (Street or PO Box) \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Main Phone Number: \_\_\_\_\_ Alt. Phone Number: \_\_\_\_\_

Date of Birth (required for security purposes): \_\_\_\_\_

**Local Address** (If different from Mailing Address)

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Other Household Members:**

First Name	Last Name	Relationship to Main Contact	Date of Birth

## THE NEW REGISTRATION PROCESS

The online registration portal is now live and will be used to process ALL program registrations. Therefore EVERYONE must activate a Household User Account in order to register for programs, even if you don't have an email address or computer.

### Register with Email:

Using your email address to create a Household User Account will be the simplest, quickest and most convenient method to get started. You can do this from any computer with an Internet connection by visiting [www.southoldtownny.gov/portal](http://www.southoldtownny.gov/portal). Through this method, your email address will become your account ID.

When you initially set-up a Household User Account through the email registration method, you should receive an email which asks you to confirm your registration. If you do not receive this email check your spam folder.

### No Email? No Problem!

As we stated above, use of your email will be best, but if you don't have an email address, or prefer not to use it, you can register your Household User Account through the kiosk at the Southold Recreation Center. After the account is activated, you may register by mail with a payment by check, or you may register at the Recreation Center Office with the kiosk, using any form of payment you prefer (cash, check, credit card). Your Account ID will be assigned when you first activate it.

**Please note that you will not be able to use your home computer with a kiosk generated Household User Account.**

**Questions or Problems?** Contact the Recreation Department if you need help. The office is open Monday to Friday 8 am - 4 pm. Call 631-765-5182 or email southoldrecreation@southoldtownny.gov

## STEP-BY-STEP INSTRUCTIONS

Set -up a Household User Account (this step only needs to be done ONCE)

**Offline:** Complete the Household User Account Information Form (see above) and submit it with your Program Registration Form (see the right column).

### Online:

1. Visit [www.southoldtownny.gov/portal](http://www.southoldtownny.gov/portal) to navigate to the online portal, enter your email address in the "New User" box and click "Register." Complete the form, remembering to check the terms and conditions box and providing a password.
2. Respond to the confirmation email that you should receive within 10 minutes of registering the account. (check your spam folder if you don't receive it.)
3. Login to the Household User Account and add any additional participants from your household. (Scroll to the bottom of the screen to find the "add new participant" button.)

Register For Programs

(after setting up a Household User Account)

**Offline:** Complete the registration form on the right and either mail it with a check payment or bring it to the Recreation Department with your cash, check or credit card payment. Please note that mailed registrations MUST be paid by check.

**Online:** Login to your Household User Account, navigate to the "Search Events" page and select the program you want to register for. Follow the on screen instructions and prompts to add the events to your shopping cart and process the transaction with a credit card payment.

**NOTE:** Credit card transactions made online will be subject to a non-refundable processing fee of 2.45%.

## Program Registration Form (For Registrations Submitted by Mail or in Person)

Mail to or Bring to:

Southold Recreation Department | 970 Peconic Lane | P.O. Box 267 | Peconic, NY 11958  
(631) 765-5182 | southoldrecreation@southoldtownny.gov

**IMPORTANT! A User Account must be registered and activated for all participants prior to submitting registration. If you have not created a User Account, please complete the Household Account Information Form first.**

User Account Email Address or Account Number: \_\_\_\_\_

User Account's Main Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

(please provide the best contact for this (these) registrants)

Program Participant's First & Last Name	Program Name	Fee	Payment Method

### WAIVER:

By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_