



Town of Southold Recreation Programs & Activities



Winter 2017

THE ART OF TEA

with Heather Cusack



Learn the many different ways to make tea. Enjoy several different teas, that you can grow yourself; make and drink nutritional and medicinal blends of teas. After this tea party you will be ready to have your own party, and plan a garden of various plants for tea, or collect from wild plants. Get local, regional, and national resources for purchasing plants and teas.

SESSION A:
THURSDAY, JANUARY 5
4:00 – 5:30 P.M.

SESSION B:
SATURDAY, JANUARY 7
11:00 A.M. – 12:30 P.M.

COST:

RESIDENTS: \$11/person/session

NON-RESIDENTS: \$15/person/session

MATERIALS FEE: \$5/person (Bring to first class)

LOCATION: Peconic Lane Community Center

WALK15

with Marilyn LoPresti, Ph.D.



This is a program for people of all abilities, and ages, with one common goal - to live better by WALKING more! The program is designed with walking based moves so that people of all ages and fitness levels can easily take part in this program.

Participants will be guided by the instructor to “walk to the beat”, and includes warm-up, fitness walking, and a cool down-stretch. The beat will provide a walking workout that every participant can do, through low impact, easy to follow moves. The WALK15 program turns minutes into miles. WALK15 minutes of fun will provide approximately the equivalent of a 15 minute mile of fun! Participants can choose to do one, two, three, or even four miles. All registrants are asked to wear comfortable clothes, including sneakers, and bring a small towel and a bottle of water.

Dr. LoPresti is a Second Degree Black Belt in Shaolin Kempo. She has studied Kung Fu, and has visited and performed for the Grand Abbot, at the Shaolin Temple, China. She and her sister were the first two women, historically, to have ever performed at the Shaolin Temple. Dr. Marilyn LoPresti is a retired Assistant Superintendent of Schools, with more than 36 years in education. Her career spanned all grades, from pre-school to secondary education.

JANUARY 23 – MARCH 27
MONDAYS, 9:00 – 10:00 A.M.

COST:

RESIDENTS: \$40/person

NON-RESIDENTS: \$50/person

LOCATION: Southold Town Recreation Center

Program will not be held on February 20

REGISTRATION BEGINS NOVEMBER 17

UNRAVELING THE MYSTERIES OF ABSTRACT PAINTING, ACRYLICS, AND MIXED MEDIA TECHNIQUES

with Suzanne Fokine, MFA



Create Unique Abstract and Expressive Art with innovated techniques using intuition and imagination to tap into your own visual metaphor. An attitude of playfulness is key to artistic growth, Award winning artist, Suzanne Fokine, leads you on an engaging workshop style adventure filled with innovated techniques, inventive approaches, and step by step instructions with start to finish projects.

A focus on color, line and shapes using mixed media such as collage, image transfers, dimensional molding pastes, glue gun stencils, inks, charcoal, pastels, watercolors, gouache and found objects and materials to create a unique work of art. Learn how to use golden's, acrylic paints; fluids, iridescent, interference, and heavy body as well as open acrylic paints. Learn how to control paint viscosity with gels, mediums, and pastes as well as ground's, glazes, Gac's and MSA varnish. Students are responsible for their own materials.

A materials list will be provided online, or students may order supplies through the instructor.

FEBRUARY 3 – MARCH 24
FRIDAYS, 12:30 – 3:30 P.M.

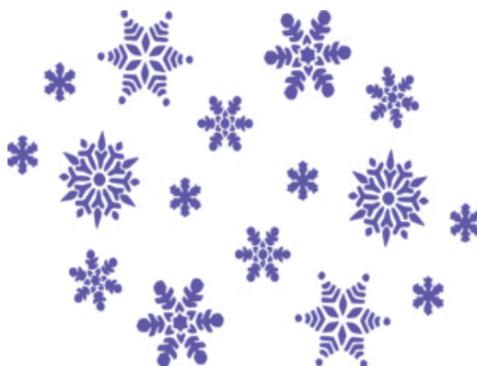
COST:

RESIDENTS: \$100.00/person

NON-RESIDENTS: \$110.00/person

MATERIALS: Supply list provided online

LOCATION: Southold Town Recreation Center



HERBS FOR HEALTH AND NUTRITION

with Heather Cusack



Students will learn the many uses and benefits of common herbs for food and medicine. We will harvest from the summer herb garden. We will prepare teas, tinctures, salves, and creams from the herbs and other natural ingredients. Additional topics covered will include the benefits of cooking with herbs; a basic understanding of how to prepare herbs and incorporate them into your favorite foods; understand the benefits of growing herbs at home and how to plan your first herb garden; knowing how to select the right herbs, the best containers, the ideal fertilizer and the best amount of water to help your container herb garden thrive; when to harvest your herbs and how to dry them for storage; and many other pertinent topics.

MARCH 8 – 29
WEDNESDAYS, 4:00 – 5:00 P.M.

COST:

RESIDENTS: \$30/person

NON-RESIDENTS: \$40/person

MATERIALS FEE: \$10/person (Bring to first class)

LOCATION: Peconic Lane Community Center

SANTA'S MAILBOX

(Southold Town Residents Only)

The staff at the recreation department will gladly forward all children's mail directly to Santa at the North Pole. Drop your letters off in the red mailbox at the recreation center or mail them to:

SANTA CLAUS
C/O SOUTHOLD TOWN
RECREATION DEPARTMENT
P.O. BOX 267
PECONIC NY 11958



To ensure a reply from Santa, letters must be received by Friday, December 16. Late arriving letters will not be answered as it does take some time to forward them to the big guy at the North Pole. We do not want to disappoint any children, so please mail your letters in a timely manner. Due to the volume of letters received, we are accepting letters from Southold Town residents only. Letters will be accepted beginning Monday, December 5. Please remember to include a return address!!!

VISIT SANTA CLAUS

Boys and girls of all ages are welcome to come and meet Santa Claus. Each child will receive a special gift from Santa. Registration is not required.

SATURDAY, DECEMBER 10
11:30 A.M. - 1:00 P.M.

LOCATION: Southold Town Hall
53095 Main Road, Southold

Bodies in Motion-Sports, Fitness & Dance

CHAIR YOGA – SEATED AND STANDING POSES ONLY

with Rosemary Martilotta

All are welcome to attend this friendly class. The primary aim of yoga is to restore the mind to simplicity and peace. Unlike other forms of exercise which strain muscles and bones, yoga gently rejuvenates the body. By restoring the body, yoga frees the mind from the negative feelings caused by the fast pace of modern life. The practice of yoga fills up the reservoirs of hope and optimism within you. It helps you overcome all obstacles on the path to perfect health and spiritual contentment. It is a rebirth.

JANUARY 23 – MARCH 20
MONDAYS, 10:30 - 11:30 A.M.

COST:

RESIDENTS: \$40/person

NON-RESIDENTS: \$50/person

LOCATION: Peconic Lane Community Center Auditorium

Class will not be held on February 20

PILATES, YOGA, AND POWER STRETCHING - FRIDAYS ONLY

with Martha Eagle

This is the once a week version of the popular morning workout program that offers a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

Participants must be 16 years of age and over. Early registration is strongly recommended.

JANUARY 6 – MARCH 24
FRIDAYS, 9:00 - 9:45 A.M.

COST:

RESIDENTS: \$25/person

NON-RESIDENTS: \$30/person

LOCATION: Peconic Lane Community Center

PILATES, YOGA, AND POWER STRETCHING

with Martha Eagle

This thorough early morning workout program will be a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

Participants must be 16 years of age and over. Early registration is strongly recommended.

JANUARY 3 – MARCH 24
TUESDAYS & FRIDAYS, 7:45 - 8:45 A.M.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Southold Town Recreation Center

CLASSIC BODY SCULPTING/AEROBICS

with Martha Eagle

Start getting in shape with a stronger, healthier, leaner body! This thorough workout program implements the cross-training method by combining hand-held weights and effective fat-burning aerobic moves to tone and strengthen all muscle groups while increasing flexibility. Please bring an exercise mat and hand-held weights (2-5 lbs.) to class. All ages and exercise levels are welcome to join!

Participants must be 16 years of age and over. Early registration is strongly recommended.

JANUARY 4 – MARCH 22
MONDAYS & WEDNESDAYS, 5:30 - 6:30 P.M.

COST:

RESIDENTS: \$45/person

NON-RESIDENTS: \$55/person

LOCATION: Southold Town Recreation Center

Class will not meet on January 16 & February 20

HATHA YOGA

with Rosemary Martilotta

Yoga is an ancient Eastern Indian system of balancing body, mind, and emotions. The goal of yoga is to have a peaceful, clear mind in a sound, healthy body. Hatha Yoga is the aspect of Yoga that approaches this goal through the physical side of the individual. The Yoga postures (asanas) work each part of the body to stretch and tone the muscles, increase fluidity in the joints, and promote flexibility of the entire skeletal system. By releasing physical and mental tension, energy is increased, health is maintained, and a sense of well-being is created. Please bring to class a yoga mat, a belt, 2 flat blankets, an empty stomach, and a smile.

SESSION A: JANUARY 23 – MARCH 20
MONDAYS, 7:30 - 8:45 A.M.

SESSION B: JANUARY 23 – MARCH 20
MONDAYS, 9:00 - 10:15 A.M.

COST:

RESIDENTS: \$45/person/session

NON-RESIDENTS: \$55/person/session

LOCATION: Peconic Lane Community Center

Classes will not be held on February 20

WEIGHT TRAINING FOR ADULTS

with Steve Smith

Have you recently decided to get fit? Do you want to take up a strength or weightlifting program, but don't know where to start? Getting started and building a routine is one of the hardest parts about working out. Our instructor, affectionately known as Smitty, will help you reach your personal fitness goals to develop and strengthen your body. This course will pay special attention to the following muscle groups: chest, shoulders, triceps, biceps, thighs, calves, abdominals, and the lower back.

ADULTS AGES 18 & OLDER

JANUARY 9 – MARCH 23
MONDAYS, WEDNESDAYS, & THURSDAYS
7:00 - 8:30 P.M.

COST:

RESIDENTS: \$95/person

NON-RESIDENTS: \$105/person

LOCATION: Southold High School

Weight Room

No Class on January 16, February 20, 22, & 23

THE CIRCUIT BASED WORKOUT

with Laurie Short

This is 'FIT CAMP', where the focus is on form, function and technique using various functional training 'toys'. This group training session uses a circuit format of 24 stations with intervals of 30 seconds of effort followed by 10 seconds of rest. Stations consist of (a) movement drills using agility ladders, cones, jump ropes, hula hoops, steps and agility rings AND (b) muscle endurance drills using medicine balls, tubing, stability balls and weighted bars. Class starts with a 10 minute warm-up followed by 15 minutes of strength exercises. The 30 minute circuit follows that and we conclude with 5 minutes of stretching. Train at your own pace (no repetition counts!) ... suitable for all fitness levels and ages. **Requirements:** One pair of 5, 6, 7 or 8 pound dumbbells, a water bottle, towel and mat. Cross training shoes are most preferable since running shoes do not provide stability for lateral movements... Dress to sweat!!! A materials/equipment fee of \$20.00 will be collected at the first class. Future participation in this program will require an additional \$20.00 fee once each year from your initial date of enrollment.

JANUARY 5 – MARCH 23
MONDAYS & THURSDAYS, 7:00 – 8:05 P.M.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

MATERIALS FEE: \$20/person (bring to first class)

LOCATION: Greenport High School Cafeteria/Gym

Class will not be held on January 16, February 20 & 23
The school may also require additional cancellations.

DROP SET STRENGTH TRAINING, MAT COREWORK AND RELAXATION

with Laurie Short

Rev your metabolism in half the time of traditional workouts. Research shows that this type of training is one of the most effective and speediest of routines. You'll gain lean muscle tissue enabling you to lose inches and firm up fast. The Drop Set technique calls for only 2 sets of each exercise [9 total exercises in about 25 minutes] with very short rest periods. You start with a weight you can lift only for 10 – 12 reps. Then immediately drop down [by 25-30%] to a lighter set of weights and complete no more than 12 reps for your second set. Part II of class time [at 35 minutes] is focused on mat corework and stretching/relaxation. Please bring a water bottle, towel and mat. **Requirements:** these sets of dumbbells; Bring 1 pair EACH of 8, 5, & 2 pounds OR... 1 pair EACH of 7, 5, & 3 pounds. An additional pair of one pound wrist weights is encouraged.

JANUARY 5 – MARCH 23
MONDAYS & THURSDAYS, 8:15 – 9:15 P.M.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Greenport High School Cafeteria/Gym

Class will not be held on January 16, February 20 & 23
The school may also require additional cancellations.

GOLF FITNESS

with Jeff Edward Poplarski, D.C., LLC

Dr. Jeffrey Poplarski will be offering an 8-week Titleist Performance Golf Fitness Screening to enhance your golf game. The TPI certified instructor will screen each participant individually to determine swing faults, addressing posture, lower and upper body mobility and stability, balance and power. This program will target golf swing analysis and golf body mechanics. The first class will consist of an evaluation of swing and body imbalances. The remainder of the program will address any faults that are noticed. Dr. Jeff does not believe there is one way to swing a club; he believes there are an infinite number of ways to swing a club. But he does believe that there is one efficient way for all golfers to swing a club and it is based on what you can do physically.

Dr. Jeff is the Wellness Director for the U.S. Open Golf Championships, Titleist Performance Golf Fitness Instructor and a "First Swing" golf instructor for the Eastern Amputee Golf Association.

JANUARY 8 – MARCH 5
SUNDAYS, 8:45 – 10:00 A.M.

COST:

RESIDENTS: \$65/person

NON-RESIDENTS: \$75/person

LOCATION: Southold Town Recreation Center

Program will not be held on February 26

**REGISTRATION
BEGINS
NOVEMBER 17**

BALLROOM DANCING

with Alfonso from Touch Dancing TV Show

Learn all the right moves whether you are a beginner, intermediate or advance dancer by focusing on how to Lead & Follow. Smooth-Latin-Disco dances will be covered. Class is open to dancers of all ages. Partners not required. **There will be one hour of instruction followed by ½ hour of supervised practice.**

FEBRUARY 6 – APRIL 3
MONDAYS, 7:00 - 8:30 P.M.

COST:

RESIDENTS: \$70/person

NON-RESIDENTS: \$80/person

LOCATION: Southold Town Recreation Center

No Class on February 20 & 27; March 27

TAI CHI AND QI GONG

with Denise Gillies

This program is for people ages 14 and over. Live happy and be well. Reduce stress, activate self-healing properties, improve balance, flexibility and mental focus through this mind, body and spirit practice. Through this ancient form of Chinese exercise and meditation, you will learn simple fluid movements, deep breathing rhythms and visualization techniques to create inner energy and peace. This program is beneficial to all ages and levels of physical fitness. Participants are asked to wear comfortable clothing and bring a yoga mat to the program.

SESSION A: JANUARY 12 – MARCH 9
THURSDAYS, 6:00 - 7:00 P.M.

SESSION B: JANUARY 12 – MARCH 9
THURSDAYS, 7:15 - 8:15 P.M.

COST:

RESIDENTS: \$45/person/session

NON-RESIDENTS: \$55/person/session

LOCATION: Peconic Lane Community Center

Class will not be held on February 23

CPR COURSE

American Heart Association Basic Life Support for the Health Care Provider

American Heart Association Adult/Infant and Child CPR, foreign body airway obstruction in conscious and unconscious patients, use of barrier protection (pocket masks), bag valve mask ventilation (BVM's) and the use of the Automated External Defibrillator are covered in this course. There is a written and skills evaluation for this program. Students will receive the BLS for Health Care Provider Course Certification along with a study guide. This course will satisfy the requirements of Certification for many First Responders, EMS, Fire, EMT, Paramedic, Nurse, Doctor or Lifeguard.

SATURDAY, MARCH 4
8:00 A.M. – 12 NOON

COST:

RESIDENTS: \$60.00/person

NON-RESIDENTS: \$70.00/person

LOCATION: Southold Town Recreation Center

DEFENSIVE DRIVING

Motor Vehicle Insurance & Point Reduction Course

Save money on your auto insurance premium and reduce points on your license with this 6-hour driver's safety course. If you are a New York State Licensed principal operator, you are eligible for a saving of 10% of the liability, basic PIP, and collision premium for 3 years, and if needed, a reduction of up to 4 violation points on your DMV driving record.

The New York Safety Program 6 Hour Point and Insurance Reduction Course will show you how to improve your driving by learning how to make rational, low risk decisions under stressful driving conditions. There is no test.

SATURDAY, FEBRUARY 25
9:00 A.M. – 3:30 P.M.

COST:

RESIDENTS: \$35.00/person

NON-RESIDENTS: \$45.00/person

LOCATION: Southold Town Recreation Center

IT'S A DOG'S LIFE



DOG OBEDIENCE

with North Fork School For Dogs

Join North Fork School for Dogs in teaching your dog basic obedience cues like sit, loose leash walking, leave it, come, down and stay. This course is a great continuation of the AKC Puppy STAR class or for those who are introducing their dogs to obedience for the first time. Dog behavior and common behavioral problems will also be discussed and introduced in a fun, informative way. All family members are encouraged to attend; however, one handler will be asked to work with the dog per class. All dogs must be 6 months or older and up to date on all vaccinations.

JANUARY 11 – FEBRUARY 22
WEDNESDAYS, 6:45 8:00 P.M.

1ST CLASS SESSION
SUNDAY, JANUARY 8 @ 10:30 A.M.
OWNERS ONLY NO DOGS PLEASE!

COST:

RESIDENTS: \$100.00/dog

NON-RESIDENTS: \$110.00/dog

LOCATION: Southold Town Recreation Center

AMERICAN KENNEL CLUB

S.T.A.R. PUPPY PROGRAM

(UP TO 6 MONTHS OLD)

with North Fork School For Dogs

Get your dog off to the right start with basic training and socialization. Positive training methods will teach attention, sit, down, take it, drop it, leave it, polite leash and come. Fun and informative learning and problem solving. Please check with your vet as to what age you may safely socialize your puppy. No puppies on the first day of class. All family members welcome, however, one handler will be asked to work with the dog each class. All current vaccinations must be presented at the first (orientation) class.

Socialization Training Activity Responsibility

JANUARY 8 – FEBRUARY 19
SUNDAYS, 10:30 - 11:45 A.M.

1ST CLASS SESSION (1/8):
OWNERS ONLY - NO DOGS PLEASE!

COST:

RESIDENTS: \$100.00/dog

NON-RESIDENTS: \$110.00/dog

LOCATION: Southold Town Recreation Center

DOG OBEDIENCE CANINE GOOD CITIZEN/PRE-THERAPY

with North Fork School For Dogs

Do you want a well-behaved dog and the best mannered dog in town? Or do you think your dog has what it takes to become a therapy dog? To enroll for this class, your dog must have learned basic training skills as they will be challenged and put "to the test" with loose leash walking, sit and down stays with distractions, and the toughest test, polite greetings of humans and other dogs. You and your dog will have a great time learning these essential behaviors with fun and games, so bring your willingness to have a great time with your dog! Dogs must be over 6 months old. This obedience class is a prerequisite for any dog owner pursuing a therapy certification. **All dogs must be "dog friendly" in order to attend this program and know the basic obedience cues of Sit, Down, Come, and Stay.**

JANUARY 8 – FEBRUARY 19
SUNDAYS, 12:00 1:15 P.M.

1ST CLASS SESSION: JANUARY 8, 10:30 A.M.
OWNERS ONLY NO DOGS PLEASE!

COST:

RESIDENTS: \$100.00/dog

NON-RESIDENTS: \$110.00/dog

LOCATION: Southold Town Recreation Center

Arts, Crafts and Technology

Be Ready for that Special Occasion!

CREATE YOUR OWN "H@LLM@RK" CARD

with Lisa Tettelbach

Everyone has a creative side so come see how easy it is. You'll surprise yourself. "It's Cold Outside", so we will work on two cards with a Winter Theme that will be ready to send when we are done. They are each a mini work of art and all you'll need is someone to send them to.

It's a great feeling to have a special card ready and in hand when you actually need one. Card stock, envelopes, inks, rubber stamps and embellishments will be supplied. Stamping is a lot of fun and you'll make some new friends.

WEDNESDAY, FEBRUARY 1
6:30 - 8:00 P.M.

COST:

RESIDENTS: \$8/person

NON-RESIDENTS: \$10/person

MATERIALS FEE: \$3/person (bring to class)

LOCATION: Peconic Lane Community Center

LET'S PLAY MAH JONGG!

with Huck Hirsch



For almost 100 years, spirited players have been picking and throwing Mah Jongg tiles from coast to coast (but mostly in Florida). The American game, which derives from its ancient Chinese counterpart, dates back to the 1920's and differs from Asian versions in its use of a standard card that determines the official hands you can play. Once you can read the card and extrapolate variations, the rest is easy as pie — and great with a side of pie a la mode! In only seven weeks, you'll be playing on your own.

This class is for beginners who want to learn the game AND those already playing who want to enjoy regular weekly play while also developing their game sense with additional instruction about strategy, defensive play, and other more advanced elements. All levels are welcome.

JANUARY 10 - FEBRUARY 28
TUESDAYS, 5:00 - 7:00 P.M.

COST:

RESIDENTS: \$50.00/person

NON-RESIDENTS: \$60.00/person

LOCATION: Peconic Lane Community Center

Class will not be held on February 14

YOU BETCHA CAN SING

with Jennifer Kane

Did you always want to sing but thought you couldn't or never had the chance? Small group settings provide a supportive environment where students are encouraged to have fun while exploring their creativity and vocal potential. Students will learn proper vocal techniques, breathing exercises, and breathing techniques to develop their voices, build self-confidence, and increase musical awareness. The program will conclude with a performance by participants. **This class is open to adults ages 18 and over.**

JANUARY 17 - MARCH 7
TUESDAYS, 7:00 - 8:30 P.M.

COST:

RESIDENTS: \$45.00/person

NON-RESIDENTS: \$55.00/person

LOCATION: Peconic Lane Community Center

For Adults

BEGINNER/INTERMEDIATE GUITAR LESSONS - FOR ADULTS

with Tom Boucher

This beginner course will teach the fundamentals of guitar playing. Students will learn how to tune a guitar, read basic musical notation, simple exercises to strengthen your hands, and play a song melody using notes and chords. **Students must supply their own guitars.**

SESSION B AGES 16 AND OLDER
JANUARY 11 - MARCH 8
WEDNESDAYS, 8:00 - 9:00 P.M.

COST:

RESIDENTS: \$55/person

NON-RESIDENTS: \$65/person

LOCATION: Southold Town Recreation Center

WATERCOLOR CLASS

with Linda Nemeth

Discover the fun of experimenting with watercolors in this six-week class for beginners who have never held a brush in their hands and for intermediate students who have had some exposure to the medium. Emphasis will be on learning to play with and explore light, color, value, texture, and how to create various techniques while releasing the creative side of you. Throughout this course, our instructor will create a supportive, relaxed and enjoyable atmosphere through demonstrations and individual instruction. Students will be provided with a list of materials needed when registering for this course.

FEBRUARY 13 - APRIL 3
MONDAYS, 7:00 - 8:30 P.M.

COST:

RESIDENTS: \$50/person

NON-RESIDENTS: \$60/person

LOCATION: Mattituck High School

Class will not be held on February 20 & March 20

INCLEMENT WEATHER CANCELATION POLICY

The safety of program participants is a prime consideration when determining if programs should be canceled over the winter months and the rest of the year if severe weather threatens.

If a cancellation is necessary, the Recreation Department will make every effort to contact you directly, by email or phone, but it is not always possible to reach every participant personally. We strongly recommend that you check your email and voice mail/answering machine if you are concerned of a possibility that your class will be canceled.

If you have not received a message, you should call the Recreation Department directly at 631-765-5182 and listen to the recorded message to inform you of cancellations, and monitor WLNG Radio Station at 92.1 FM for an announcement.

As a general rule, if Southold Town officials have closed Southold Town Hall and satellite offices, then the Recreation Department Programs will be canceled as well.

The Recreation Department will make every effort to reschedule the canceled program; however, at times this may not be possible due to the availability of our instructors and the facility where the program is held.

Beautiful Photos in a Few Simple Steps PHOTO EDITING WITH LIGHTROOM



With Judy McCleery of the Light Painters Learning Center

Learn how to get the best from every image with this single program. Lightroom makes everything about digital and smartphone photography easier and faster. Perfect your shots with powerfully simple adjustments and a full range of advanced controls. Easily find and organize all your photos. Quickly share your favorites on social networks, or showcase them in elegant photo books and web galleries. Beginners will learn the ropes and users with some knowledge of Lightroom will learn best practices for an efficient workflow.

Class will be presented in a demonstration and workshop format. Students may follow along with their own laptop or mobile device with a trial version of Lightroom. Download instructions will be provided upon registration.

FEBRUARY 23 - MARCH 23
THURSDAYS, 6:00 - 8:00 P.M.
NO CLASS MARCH 9

COST:

RESIDENTS: \$45/person

NON-RESIDENTS: \$55/person

LOCATION: Peconic Lane Community Center

Film, Digital SLRs, & Smartphones

PHOTOGRAPHY BASICS FOR ALL CAMERAS

With Judy McCleery of the Light Painters Learning Center

Learn the basics of photography — with any camera or device, from capturing the best image to sharing it online or printing offline. This 4-week program will cover general photography rules; how to use your camera or device; downloading, organizing and editing; uploading to online galleries, Flickr, Facebook, Instagram, and Pinterest and finally preparing the finished photo for printing and creating photo art. This program is just right for the beginner photographer or the amateur who just needs a better understanding of the photographic process. Classes will be conducted in a lecture/lab style where students may practice newly learned techniques with the instructor present for guidance. Editing and processing will be done with a free trial version of Lightroom.

JANUARY 19 - FEBRUARY 16
THURSDAYS 6:00 PM - 8:00 PM
NO CLASS FEBRUARY 9

COST:

RESIDENTS: \$45/person

NON-RESIDENTS: \$55/person

LOCATION: Peconic Lane Community Center

PAINTING IN PECONIC

Bring a canvas or tablet and your favorite paints to our Tuesday afternoon open painting group. Our friendly painters offer a supportive setting where you can create your next work of art—no matter what medium you prefer — watercolor, acrylic, oils, etc. Participants are welcome to share their ideas, suggestions, tips, and to politely critique each other. Registration is not required for this free program.

TUESDAYS
1:30 - 3:30 PM

For further information, please contact Roberta Hering
at 765-1659 or Carol Brewer at 734-7873.

Children's Programs

For Youth Ages 8 - 15

BEGINNER/INTERMEDIATE GUITAR LESSONS - FOR YOUTH

with Tom Boucher

This beginner course will teach the fundamentals of guitar playing. Students will learn how to tune a guitar, read basic musical notation, simple exercises to strengthen your hands, and play a song melody using notes and chords. **Students must supply their own guitars.**

SESSION A YOUTH AGES 8 - 15
JANUARY 11 - MARCH 8
WEDNESDAYS, 6:45 - 7:45 P.M.

COST:

RESIDENTS: \$55/person

NON-RESIDENTS: \$65/person

LOCATION: Southold Town Recreation Center

NYS YOUNG BOATER'S COURSE

Offered by US Coast Guard Flotilla 18-08

This **free** five-lesson course is for resident youth ages 10-17. Pre-registration is required. Upon successful completion of the course a state certificate will be issued enabling participants to legally operate a motorboat on their own. It satisfies the requirements of New York State law for boat operators and also enables youths 14-17 to legally operate a personal watercraft on their own. Registration must be completed either in person or by mail. Telephone registrations will not be accepted. **Participants must attend all 5 sessions in order receive the state certificate.**

FEBRUARY 28 - MARCH 28
TUESDAYS, 3:30 - 5:30 P.M.

COST: Free to resident youth

LOCATION: Southold Town Recreation Center

BOYS AND GIRLS YOUTH BASKETBALL

with Bill Gatz, Jocelyn Suglia, Kevin Izzo & Ryan Wesnofske

This morning of basketball is being offered to Southold Town resident boys and girls ages 8-16. **Due to the popularity of this program, we are limiting the number of children per session and charging a nominal fee.**

SATURDAYS
JANUARY 7 - APRIL 1

SESSION A: AGES 8 - 12: 7:30 - 9:15 A.M.

SESSION B: AGES 13 - 18: 9:15 - 11:00 A.M.

COST:

RESIDENTS: \$15/person

NON-RESIDENTS: \$20/person

REGISTRATION IS REQUIRED

LOCATION: Southold Elementary School Gym

Program will not be held on
February 18 & 25, March 18

The school may also require additional cancellations.

IF YOU SNOOZE YOU LOSE!

Register Promptly to Avoid Landing on a Wait List!

Our most popular programs usually sell out within a few days of the initial announcement--**in fact Aerobics and Pilates often sell out within the first day!**

If you are serious about joining these or any other popular programs, we strongly recommend that you register as soon as possible.

WEIGHT TRAINING FOR TEENS

with Steve Smith



This program is for boys and girls ages 13-17 years old. In this class participants will learn how to lift weights properly and safely. Proper weight training techniques offer the following benefits: Increased muscle strength & endurance; Improved sports performance; Physical fitness; Weight maintenance; Stronger bones; A fitness habit for life. During the class, participants learn all the basics of free weight lifting: proper positions, how to breathe, major muscle groups, appropriate attire, the correct amount of weight for their body, how to set up the different weights, and more. The class teaches them information about safety, etiquette, and rules of the weight room.

YOUTH AGES 13 - 17

FEBRUARY 4 - MARCH 18
SATURDAYS, 10:00 - 11:00 A.M.

COST:

RESIDENTS: \$40/person

NON-RESIDENTS: \$50/person

LOCATION: Southold High School
Weight Room

Class will not be held on February 25

**REGISTRATION
BEGINS
NOVEMBER 17**

"THE LITTLE SCHOLARS CLUB"

Four and Five Year Olds

with Kerri Zablotty



Young minds are wide open and ready to learn! Help foster your child's love of learning before they begin Kindergarten in a nurturing, fun, and stimulating environment at "The Little Scholars Club." This program provides opportunities for children's communication, early literacy, and social skills to develop through meaningful experiences led by Ms. Kerri, an experienced teacher with a strong background in childhood literacy. Children will build emergent reading skills and develop a positive attitude toward learning through activities such as: imaginative play, read alouds, reflections, games, crafts, music and movement, story dictation, and FREE PLAY! This program is for 4 and 5 year olds.

JANUARY 5 - MARCH 9

THURSDAYS, 12:30 P.M. (DROP-OFF) - 2:30 P.M.
(PICK-UP)

COST:

RESIDENTS: \$90.00/person

NON-RESIDENTS: \$100.00/person

MATERIALS FEE: \$10.00/person (bring to 1st class)

LOCATION: Peconic Lane Community Center

Program will not be held on February 23

CABIN FEVER BUSTERS

Short days and long nights stuck inside is a recipe for boredom and grumpiness for everyone. Put the video games away and give these activities a try to fend off a mutiny the next time everyone is stranded at home.

- Have a film festival of a favorite actor or genre. Write reviews afterward.
- Try some new recipes that everyone can help prepare. Or, make some old favorites--cookies, anyone?
- Explore a new hobby
- Play board games
- Read a book aloud - select a few from the local library

ARTS & CRAFTS YOUTH PROGRAM

with Theresa Pressler



Join us at the recreation center on Tuesday afternoons for a fun-filled afternoon geared toward boys and girls ages 5 and older. Activities will include tie-dye your own T-shirt, various arts & crafts projects, plus many other fun and exciting activities.

JANUARY 10 - 31
TUESDAYS, 4:00 - 6:00 P.M.

COST:

RESIDENTS: \$45.00/person
(including all materials)

NON-RESIDENTS: \$55.00/person

LOCATION: Southold Town Recreation Center

HAPI CHILDREN'S THEATRE

with Hannah Gray

Hapi children's theatre conservatory welcomes children aged 8 through 13 to experience the elements of theatre within a caring, supportive environment. Our theatre school enables for a unique journey inside oneself while providing lifelong communication skills and a well-rounded knowledge of the expressive arts through traditional actor training, music and dance. While the program is performance orientated, theatre, music and dance history will be introduced as the basis for culture and communication and the importance of this history as it relates to theatre will be explored through games, storytelling and movement. The study of movement, mime and gesture from the Jacques Lecoq International School of Theatre will also be introduced.

The plays are structured so to feature each child to the best of his or her ability. Materials and works are chosen so that children can not only accentuate their own natural talents but also so that they can foster a deeper understanding of other aspects of the expressive arts. There will be a 15-minute snack break and a 15-minute movement exercise.

JANUARY 14 - JUNE 3
SATURDAYS, 8:30 - 11:00 A.M.

COST:

RESIDENTS: \$130.00/person

NON-RESIDENTS: \$140.00/person

MATERIALS FEE: \$25/person (Bring to first class--covers costume and set costs)

LOCATION: Peconic Lane Community Center

No Class on February 18 & 25, April 8 & 15

TAKE A HIKE...ON THE TRAILS OF THE NORTH FORK - OUTDOOR FUN IN ANY SEASON!

(This is a partial list. Find a full list of trails at southoldtownny.gov>Land Preservation Department)

MILL ROAD PRESERVE

The Mill Road Preserve is a 15 acre parcel with the trailhead located on Mill Road in Mattituck.

LAUREL LAKE PRESERVE

Laurel Lake Preserve encompasses 495 acres of preserved land.

DOWNS FARM PRESERVE

Downs Farm Preserve is a 51 acre wooded parcel that is the site of Fort Corchaug, a Native American fort, which is listed on the National Register of Historic Places.

GOLDSMITH INLET PARK

Goldsmith Inlet Park is a 35 acre parcel with a 1/2 mile trail leading to Long Island Sound, from the trailhead, which is located on Soundview Avenue.

Geared to Seniors but All Ages Welcome

SMART DRIVER COURSE

with Bernie Kettenbeil, R.N.

This new and updated program of classroom instruction, developed by the AARP and approved by the NYS Department of Motor Vehicles, helps you refine and hone existing skills and develop safe defensive driving techniques. Learn how to handle adverse driving conditions, distracted driving behaviors, NYS laws, and traffic hazards. Participants will learn about the effects of aging, medications, hearing loss, and vision issues. Although this program is geared towards drivers aged 50 and older, it is open to licensed drivers of all ages.

You may be eligible for up to a 10% reduction of the collision portion of your insurance, deductions may vary by company. Reduce up to 4 DMV points on your record.

THURSDAY, MARCH 30

8:30 A.M. – 3:30 P.M.

Southold Town Recreation Center

COST:

AARP MEMBERS: \$20.00/person

(Please provide your membership number at time of registration)

NON-MEMBERS: \$25.00/person

SPECIAL PAYMENT INSTRUCTIONS:

Each participant must pay with a separate check or money order payable to AARP.

CASH OR CREDIT PAYMENTS ARE NOT ACCEPTED.

SENIOR EXERCISE

Come on down to the recreation center for some fun while exercising to music videos and tapes. There is no charge for this program.

FRIDAYS: 10:00 - 11:00 a.m.

LOCATION: Southold Town Recreation Center

SENIOR WELLNESS EDUCATION SERIES

The Senior Wellness Education Series is presented on the first Friday of each month at the Southold Town Human Resource Center in Mattituck. It is a series of topics specially targeted for older adults. Phone: 631-298-4460; website: www.southoldtownny.gov.

SOUTHOLD TOWN SENIOR SERVICES

The Southold Town Human Resource Center in Mattituck provides many support services for seniors aged 60 and older, including hot nutritious meals at the center and delivered to the home, residential repair programs, caregiver support, and much more. Learn more by calling 631-298-4460. Funding sponsored by Southold Town, The Suffolk County Office for Aging, The New York State Office for Aging. Adult daycare services are also available.

SOUTHOLD-PECONIC SENIOR CITIZENS CLUB

Needs a few good members

Get out of the house and enjoy a change of scenery while you make new friendships and maybe renew some forgotten ones. Meetings are held two times a month, on Thursdays, at the Southold Recreation Center in Peconic.

Enjoy activities ranging from bus trips, bingo games, billiards, luncheons, and holiday parties with special menus for St. Patrick's Day, Oktoberfest, and Christmas.

Attendance and membership is free of charge and coffee is provided, but members can bring their own lunch or purchase one as provided by the Human Resource Center at a nominal fee.

So mark your calendar for Thursdays, pack a lunch and grab a seat at the next meeting. Learn more from Paula Johnson 631-734-8039.

2ND & 4TH THURSDAYS

10:45 A.M.

**SOUTHOLD RECREATION CENTER
970 PECONIC LANE, PECONIC**

Additional Programs & Activities—All Ages

The following recreational programs are delivered through organizations not affiliated with Southold Town. These are listed as a public service to residents. For registration or more information please contact these organizations directly at the contact information provided.

HOLIDAY FAIR

Sponsored by the Southold Historical Society

The Southold Historical Society is pleased to announce its 3rd Annual Holiday Fair, which will take place on **Saturday, December 3** from 9:00 a.m. – 4:00 p.m. The fair will be held at the Southold Town Recreation Center, located at 970 Peconic Lane in Peconic.

Specially selected vendors will have a variety of holiday gifts and cards available for purchase. Only the best handmade items will be available for sale.

In addition to the vendors, other fun activities will be offered, including a model train display, photos with Santa, face-painting, crafts, and even a bake sale. For more information, please contact the Southold Historical Society at (631) 765-5500.

LIGHT PAINTERS PHOTO CLUB

Meet monthly with other local photographers, and enjoy monthly photo excursions. All ability levels welcome. Location and schedules at www.lightpainterslearningcenter.com

LOCAL LIBRARY PROGRAMS

Cutchogue-New Suffolk Free Library:

www.cutchoguelibrary.org

Floyd Memorial Library: floydmemoriallibrary.org

Mattituck-Laurel Library: www.mattlibrary.org

Southold Free Library: southoldlibrary.org

NORTH FORK AUDUBON SOCIETY

Learn more about their programs: 631.477.6456; www.northforkaudubon.org. Check out their Tuesdays with Tom Birdwatching Hikes.

SOUTHOLD MOTHERS' CLUB

SMC is open to all moms, caregivers and expectant moms with children ages 0-6. For more information or to join SMC please visit www.southoldmothers.org or email southoldmothersclub@gmail.com.

BLOOD DRIVES

The Southold Fire Department will be hosting blood drives on Wednesdays, January 25, March 22, & May 24 from 2:15 - 8:15 pm. at the firehouse, located on the Main Road in Southold, just east of Youngs Avenue. For more information, please contact Michael Zweig: michaelzweig1942@gmail.com.

Free Program!

COMPUTER FUNDAMENTALS

with Terese & Vincent Pette; Sponsored by CAST

During the course of these free computer classes, You will learn **not to fear** the computer.

SESSION A: BEGINNERS LEVEL

COMPUTER ESSENTIALS 101

JANUARY 7 – FEBRUARY 11

THURSDAYS, 7:00 - 9:00 P.M.

Topics to be covered will include: main functions of the laptop; starting up the laptop; the operating system; mouse functions and practice; an in-depth “hands-on” look at the Windows 7 “Desktop”; understanding and navigating the Windows 7 “Library”; icons & shortcuts; personalizing the desktop; and much more!

SESSION B: INTERMEDIATE LEVEL

COMPUTER FUNDAMENTALS 102

FEBRUARY 25 – MARCH 31

THURSDAYS, 7:00 - 9:00 P.M.

Everyone will get a Peconic Electronics email address. Topics to be covered include: configuring Microsoft Outlook; file formats; security: virus protection software; control panel functions; using Internet Explorer for research; and much more!

LOCATION: Peconic Lane Community Center

For further information and to register, please call CAST at 631-477-1717.

CAST PROGRAMS

Community Action of Southold Town, Inc. (CAST)
CAST provides a safety net for residents in need in the areas of food, clothing, energy, health and education. Donations of all types are accepted all year. Volunteer opportunities are available. Monetary donations are always gratefully accepted as CAST is funded solely by the local community. For further information, please call CAST at 477-1717.

Website: www.castsoutholdtown.org.

CUSTER INSTITUTE AND OBSERVATORY INC.

The Custer Institute and Observatory is Long Island's oldest public observatory (est.1927). Open to the public every Saturday evening from dark until midnight, our staff of volunteers will give you a tour of the facilities and the night sky through our powerful telescopes. Custer has frequent lectures, classes, concerts, art exhibits and other special events. For further information, please visit their website at www.CusterObservatory.org.

GROUP FOR THE EAST END

The Group for the East End aims to protect and restore the environment of eastern Long Island through education, citizen action and professional advocacy. Come out and join us for a hike, paddle, or wildlife search to learn more about our beautiful East End. For further information, please visit our website at GroupfortheEastEnd.org. To receive a brochure, please contact Jessica Kennelly at jkennelly@eastendenvironment.org.

VISUALLY IMPAIRED PERSONS OF SOUTHOLD

Meet first Wednesday - Southold Town Recreation Center at 10:30 am. Call Steve Carroll at 631-875-1896 or Nancy May at 516- 238-9768.

THE NORTH FORK COMMUNITY THEATRE

For performance schedule and audition/volunteer information, please visit their web site at: www.nfct.com.

READY FOR WINTER GARDENING?



Did you know that the blooming gardens and lush yards of spring depend on proper care given during fall and winter? One of the best ways to prepare your soil for spring is by adding rich, organic compost before the ground freezes.

The Southold Town Compost Facility on Cox Lane in Cutchogue has an abundance of aged leaf compost ready for use. Application now will add organic nutrients that will be stored in the soil until spring, when it will be available for immediate use by new or established plants and grass as soon as the weather turns. Also, soils prepared in this manner retain moisture better and reduce the need for chemical fertilizers which, as we now know, pose a threat to our ground and surface waters.

So, for healthy spring plants, why not go to the compost site and pick up some leaf compost or mulch for your gardens and lawns, or your indoor potted plants as well? Remember, Southold residents are entitled to 500 lbs/person per year FREE! Questions? Call 734-7685.

REGISTRATION BEGINS NOVEMBER 17

DEVELOPMENTAL DISABILITIES PROGRAM

with Lynne Richards

Southold Town's Program for the Disabled, sponsored in conjunction with the East End Disabled Benevolent Fund, Inc., serves any individual with a developmental, mental, or physical disability residing on the East End. This social and recreational program offers varied activities including: bowling, golf, monthly dances with desserts and music provided by a local DJ, day outings comprised of lunches at local restaurants, movies, shopping and special bus trips to New York City, etc. For more information regarding this program, please call Lynne Richards at 765-1551 or write to her at 185 Mechanic Street E., Southold, NY, 11971.

AMERICAN RED CROSS LIFEGUARD CERTIFICATION

Are you looking to become certified as a lifeguard? While the Recreation Department is not offering a program over the winter months, we do have information on upcoming programs in our area. Please contact us at 765-5182 or e-mail Judith.McCleery@town.southold.ny.us if interested.

PROGRAM INSTRUCTORS NEEDED

Are you able to teach a recreation or adult education program for the Southold Town Recreation Department? We are looking for your skills and expertise to help us provide a wider variety of programs and activities for town residents. The salary for all program instructors would be \$30/hour. The majority of our programs run for 6-8 weeks, one night a week, for an hour or 1.5 hours. All ideas and suggestions are welcome and appreciated. If you are interested, please contact the recreation department for a program instructor application.

TOWN OF SOUTHOLD
RECREATION DEPARTMENT
PO BOX 267
PECONIC NY 11958
631.765.5182

SoutholdRecreation@southoldtownny.gov



TOWN OF SOUTHOLD

Scott A. Russell, Supervisor
Louisa P. Evans, Justice/Councilwoman
William P. Ruland, Councilman
Jill M. Doherty, Councilwoman
James Dinizio, Jr., Councilman
Robert Ghosio, Councilman

Elizabeth A. Neville, Town Clerk
Vincent Orlando, Superintendent of Highways

Recreation Department: 631.765.5182
E-Mail: southoldrecreation@southoldtownny.gov
web: www.southoldtownny.gov

TOWN DIRECTORY

Supervisor/Town Board	765-1889
Accounting	765-4333
Animal Shelter	765-1811
Assessors	765-1937
Bay Constable	765-2600
Building Department	765-1802
Code Enforcement	765-6620
Community Development/DPW	765-1283
Data Processing	765-1891
Department of Solid Waste/ Transfer Station	734-7685
Engineer	765-1560
Highway Department	765-3140
Human Services/Nutrition Center	298-4460
Justices/Justice Court	765-1852
Land Preservation Department	765-5711
Planning Board	765-1938
Police Department	765-2600
Receiver of Taxes	765-1803
Recreation Department	765-5182
Town Attorney	765-1939
Town Clerk	765-1800
Town Historian	765-1981
Town Trustees	765-1892
Youth Bureau	765-5806
Zoning Board of Appeals	765-1809

RECREATION DEPARTMENT POLICIES, TERMS AND CONDITIONS

REGISTRATION POLICY

Registrations are accepted on a first come, first served basis through three methods: remotely by the Online Recreation Portal, by mail with a check and properly completed registration form or in person at the Recreation Center with payment by cash, check or credit card and a properly completed registration form. Payment is required at time of registration. Early registrations will not be accepted. Program fees will not be pro-rated. A \$20 fee will be charged for any returned check. Participants are advised to have a complete physical prior to participating in activities that are strenuous. All participants take part in the Southold Town recreation programs at their own risk. The Town of Southold Recreation Department assumes no responsibility for injuries suffered or sustained from risks inherent in participating in department sponsored programs or while using recreation program facilities.

REFUND POLICY

Full refunds will be granted if a class or program is cancelled due to insufficient enrollment or is canceled by the Recreation Department and no cancellation fee will be assessed. Refunds will not be issued for trips, special events, or ticketed events unless your place can be filled by someone on a waiting list for said activity. In such an instance, a \$5 cancellation fee will be assessed.

A full refund will be issued if the registrant cancels their registration two or more weeks before a class or program, however, the \$5 cancellation fee will be assessed to the participant per class or program. No refunds will be issued if the request is made two weeks or less before the start of a class or program. No refunds will be granted after the class or program has started.

If your transaction was processed by credit card through the online registration portal, the service charge assessed will not be refunded, even if the program was cancelled.

Refunds that are requested as the result of a medical condition or injury that precludes the registrant from participating will be considered on a case by case basis and will require proof from a medical professional.

Any bounced checks will result in the Town charging a bounced check fee of \$20. All credit payments will be processed 1-2 business days after receiving a payment confirmation.

Credits to participate in future programs will not be issued for any reason. If you missed class or full program, and would like to take a similar program in the future, you will be required to register and pay in full.

Refunds on payments made by cash or check will be issued approximately 2-4 weeks after the refund is authorized. Refunds on payments made by credit card will be credited back to the same credit card account used at the time of registration.

INCLEMENT WEATHER

In the event of inclement weather, program cancellations will be announced on WLNG Radio 92.1 FM, and posted on the Southold Town Website (www.southoldtownny.gov). If time permits, Recreation Department staff will attempt to notify you by email and/or phone message of any cancellations. There will also be a recorded message at the Recreation Department Office informing you of the status of the scheduled activities. Call the Recreation Department at 631-765-5182.

CHILDREN & PETS

For the safety and enjoyment of everyone, adults are kindly asked not to bring children to any recreation programs or activities geared toward adults. Children brought to adult classes interfere with other participants and the instructor. This is for the safety of your children and the consideration of other program participants. Pets are not permitted at Southold Town Facilities, except in areas specifically designated for them, such as the Dog Park or at classes specifically designated for them, such as dog obedience programs.

WAIVER:

All participants are required to accept the following waiver sign-off when registering themselves or their children/wards for a program. Upon authorizing your registration, you will be required to check off that you accept the waiver in order to complete your registration transaction.

By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

Household User Account Information Form

(This form must be completed to set-up a User Account BEFORE REGISTERING FOR A PROGRAM)

Mail or bring to: Southold Recreation Department | 970 Peconic Lane | P.O. Box 267 | Peconic, New York 11958
(631) 765-5182 | southoldrecreation@southoldtownny.gov

Main Contact (check one): Resident Non-Resident

First Name: _____ Last Name: _____

Mailing Address (Street or PO Box) _____

City: _____ State: _____ Zip: _____

Email Address: _____

Main Phone Number: _____ Alt. Phone Number: _____

Date of Birth (required for security purposes): _____

Local Address (If different from Mailing Address)

Street: _____

City: _____ State: _____ Zip: _____

Other Household Members:

First Name	Last Name	Relationship to Main Contact	Date of Birth

THE NEW REGISTRATION PROCESS

The online registration portal is now live and will be used to process ALL program registrations. Therefore EVERYONE must activate a Household User Account in order to register for programs, even if you don't have an email address or computer.

Register with Email:

Using your email address to create a Household User Account will be the simplest, quickest and most convenient method to get started. You can do this from any computer with an Internet connection by visiting www.southoldtownny.gov. Through this method, your email address will become your account ID.

When you initially set-up a Household User Account through the email registration method, you should receive an email which asks you to confirm your registration. If you do not receive this email check your spam folder.

No Email? No Problem!

As we stated above, use of your email will be best, but if you don't have an email address, or prefer not to use it, you can register your Household User Account through the kiosk at the Southold Recreation Center. After the account is activated, you may register by mail with a payment by check, or you may register at the Recreation Center Office with the kiosk, using any form of payment you prefer (cash, check, credit card). Your Account ID will be assigned when you first activate it.

Please note that you will not be able to use your home computer with a kiosk generated Household User Account.

Questions or Problems? Contact the Recreation Department if you need help. The office is open Monday through Friday 8 am - 4 pm. Call 631-765-5182 or email southoldrecreation@southoldtownny.gov

STEP-BY-STEP INSTRUCTIONS

Set -up a Household User Account (this step only needs to be done ONCE)

Offline: Complete the Household User Account Information Form (see above) and submit it with your Program Registration Form (see the right column).

Online:

1. Visit www.southoldtownny.gov to navigate to the online portal (lower right of the screen), enter your email address in the "New User" box and click "Register." Complete the form, remembering to check the terms and conditions box and providing a password.
2. Respond to the confirmation email that you should receive within 10 minutes of registering the account. (check your spam folder if you don't receive it.)
3. Login to the Household User Account and add any additional participants from your household. (Scroll to the bottom of the screen to find the "add new participant" button.)

Register For Programs

(after setting up a Household User Account)

Offline: Complete the registration form on the right and either mail it with a check payment or bring it to the Recreation Department with your cash, check or credit card payment. Please note that mailed registrations MUST be paid by check.

Online: Login to your Household User Account, navigate to the "Search Events" page and select the program you want to register for. Follow the on screen instructions and prompts to add the events to your shopping cart and process the transaction with a credit card payment.

NOTE: Credit card transactions made online will be subject to a non-refundable processing fee of 2.45%.

Program Registration Form (For Registrations Submitted by Mail or in Person)

Mail to or Bring to:

Southold Recreation Department | 970 Peconic Lane | P.O. Box 267 | Peconic, NY 11958
(631) 765-5182 | southoldrecreation@southoldtownny.gov

IMPORTANT! A User Account must be registered and activated for all participants prior to submitting registration. If you have not created a User Account, please complete the Household Account Information Form first.

User Account Email Address or Account Number: _____

User Account's Main Contact Name: _____

Phone Number: _____

(please provide the best contact for this (these) registrants)

Program Participant's First & Last Name	Program Name	Fee	Payment Method

WAIVER:

By accepting this waiver sign off, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, instructors and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

Signature: _____ Date: _____