



Resident weekly
program fee:
\$125.00/wk

Non-resident program

Fee:

\$50.00 per day

Additional Funding
provided

by
Southold Town



A day in our Day Care Program includes a full breakfast and lunch. Afternoon snacks are also served. The day includes both educational and recreational activities which promote socialization and fun.

The program runs from 9:00 am to 4:00 pm. Transportation is offered at a nominal charge and is based on availability.

*Southold Town Board
Scott A. Russell, Supervisor
Louisa P. Evans, Justice
Albert Krupski Jr., Councilman
Jill Dougherty, Councilwoman
William P. Ruland, Councilman
Christopher Talbot, Councilman*



**SOUTHOLD
TOWN**

**SENIOR
ADULT DAY
CARE
PROGRAM**

**Katinka
House**

Located at the
Human Resource Center Annex
750 Pacific Street
P.O. Box 85
Mattituck, New York 11952
631-298-4470
Karen McLaughlin, Director
Jean DeLorme, Supervisor



ABOUT OUR PROGRAM...

Our **Senior Adult Day Care Program** opened in 1985. It serves the frail elderly and those with Alzheimer's Disease. The goals of our program are:

- To provide a meaningful day for our clients.
- To provide respite for the caregivers.
- To provide a cost effective means for the delivery of community based long-term alternative care services.
- To improve the quality of life for the clients and their caregivers.
- To provide an alternative to premature use of institutional care.
- To provide support services for our clients and their families.

SERVICES PROVIDED

- A network of professional services to help the client and their family cope with the challenges of caregiving
- Individual care plans are developed for each client
- Case Management
- Resource Library for Caregivers and families
- Social Worker to assist families Information and referral services are offered.
- Community Education Workshops
- Speakers Bureau
- Home Counseling for Caregivers
- Legal Workshops
- Health Informational Workshops
- Monthly Caregiver Support Group

Call (631) 298-4470 or (631) 298-4460
for more information

Admission Criteria

- Sixty years of age or older and a resident of Southold Town
- Must be under a physician's care or will retain the services of one
- Must have a stable home environment
- Client must be able to receive benefit from the program

Criteria for Discharge

- Incontinence and inability to handle personal hygiene even with assistance.
- Behavior which is not manageable in a group setting.
- The need for care surpasses the staff's ability to provide it.
- A discharge policy committee will decide the need for discharge. Family meetings will be held to discuss the reasons for discharge as well as alternatives.

