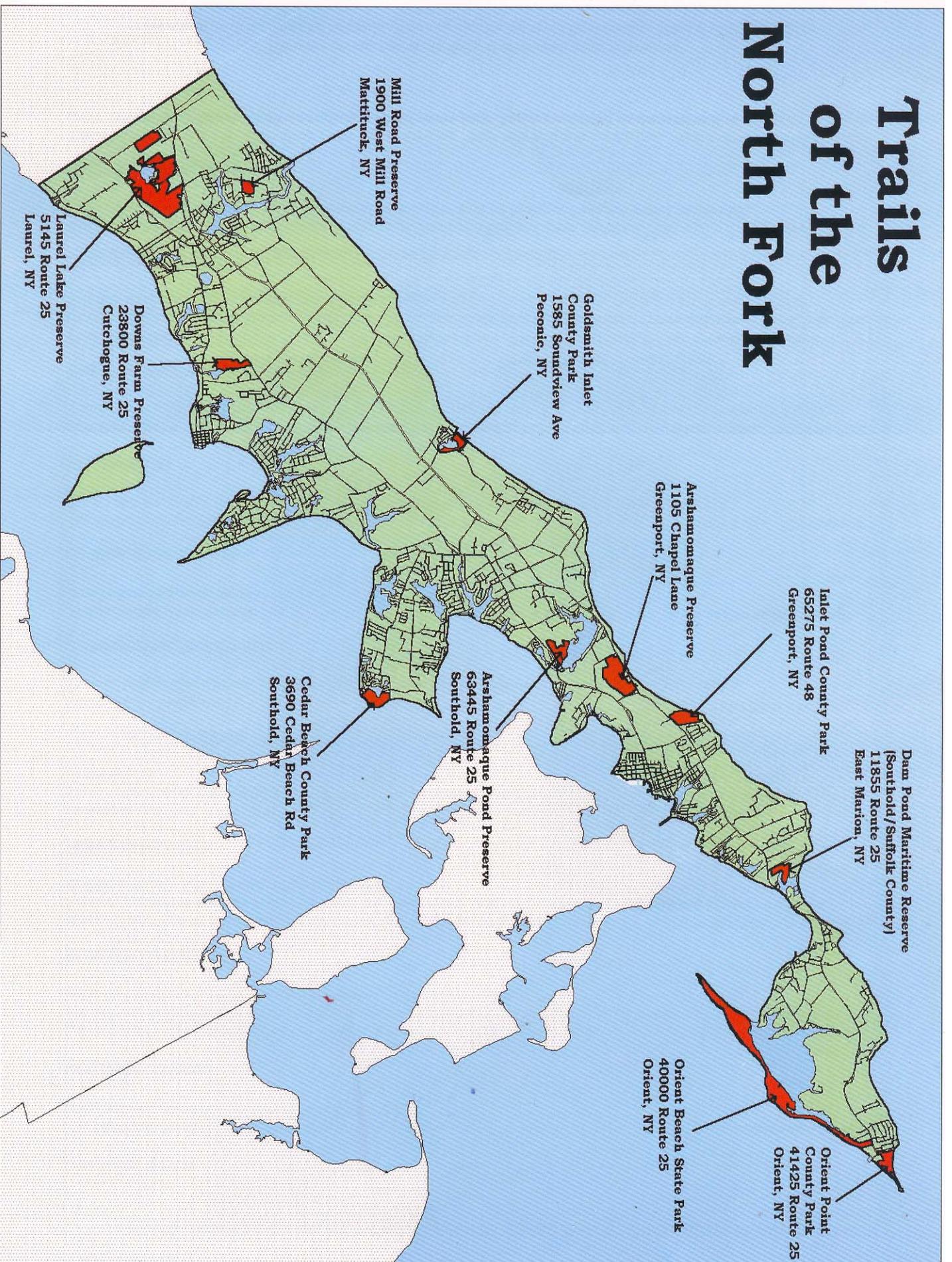


Trails of the North Fork



Trails of the North Fork

Mill Road Preserve

The Mill Road Preserve is a 25-acre parcel with the trailhead located on Mill Road, Mattituck. The trail winds through 8 acres of grasslands/shrublands and then into 17-acres of mature woodlands.

Laurel Lake Preserve

Laurel Lake Preserve encompasses 495-acres of preserved land. The trailhead for the Preserve is located on Route 25, Laurel. The existing nature trail is 2.1 miles long, is marked with green arrows and wanders through mature woodlands, grasslands, shrub lands, by vernal ponds, freshwater swamps and overlooks Laurel Lake.

Downs Farm Preserve

Downs Farm Preserve is a 51-acre wooded parcel that is the site of Fort Corchaug, a Native American fort, which is listed on the National Register of Historic Places. Downs Farm Preserve has a mile of passive recreation trails and adjoins productive farmlands and the tidal wetlands of Downs Creek.

Goldsmith Inlet Park

Goldsmith Inlet Park is a 35-acre parcel with a ½ mile trail leading to Long Island Sound, from the trailhead, located on Sound View Avenue. The mature woodlands, tidal wetlands, Goldsmith Inlet Pond and 1500 feet on Long Island Sound are great for bird watching.

Cedar Beach County Park

Cedar Beach County Park is a 68-acre park with over 2,800 feet on Shelter Island Sound. The park provides the visitor with great vistas of Shelter Island Sound and the mudflats, sandbars and the saltwater marshes of Cedar Beach Harbor.

Arshamomaque Pond Preserve

Arshamomaque Pond Preserve is a 54-acre wooded preserve with several trails that wind through the mature woodlands, by vernal ponds and along the saltwater wetlands of Arshamomaque Pond.

Arshamomaque Preserve

The Arshamomaque Preserve is a 120-acre preserve owned by the Town of Southold and Suffolk County Parks. The preserve has 1.3-miles of nature trails that wander through mature woodlands, freshwater wetlands and open fields.

Inlet Pond Park

Inlet Pond County Park is a 55-acre park with 1.6-miles of trails leading to Inlet Pond and Long Island Sound. The North Fork Audubon has a visitor's center and offers nature programs during the year (Hours and programs are posted on the kiosk).

Dam Pond Maritime Reserve

Dam Pond Maritime Reserve is a 36-acre parcel owned by the Town of Southold and Suffolk County Parks. The preserve encompasses a small, protected bay, maritime shrubland, grasslands, tidal flats, saltwater marshes and mature woodlands. The trail that wanders through the preserve is 1.2-miles long.

Orient Beach State Park

Orient Beach State Park has 45,000 feet of frontage on Gardiner's Bay and a rare maritime forest with red cedar, blackjack oak trees and prickly-pear cactus. Visitors can swim, picnic, play ball, go hiking or biking or walk a nature trail.

Orient Point County Park

This 48-acre park at the tip of Southold Town has a mile-long beach with a ½-mile hiking trail. Bird watching, surfcasting and great views of Long Island Sound are available at this County Park. Parking is located on the north side of Route 25.